



PAUL ROOS
GIMNASIUM – GYMNASIUM

Friday 8th February

Time	Team	Opposition	Venue	Format
15h00 - 15h30	14D	Bishops	AR Swembad	4 x 5 min running time
15h30 - 16h00	14C	Bishops	AR Swembad	4 x 5 min running time
16h00 - 16h30	14B	Bishops	AR Swembad	4 x 5 min running time
16h30 - 17h00	15D	Bishops	AR Swembad	4 x 5 min running time
17h00 - 17h30	15C	Bishops	AR Swembad	4 x 5 min running time
17h30 - 18h00	19G	Bishops	AR Swembad	4 x 5 min running time
18h00 - 18h30	19F	Bishops	AR Swembad	4 x 5 min running time
18h30 - 19h00	19E	Bishops	AR Swembad	4 x 5 min running time

Saturday 9th February

Time	Team	Opposition	Venue	Format
08h00 - 08h30	15B	Bishops	AR Swembad	4 x 5 min running time
08h30 - 09h00	19D	Bishops	AR Swembad	4 x 5 min running time
09h00 - 09h40	19C	Bishops	AR Swembad	4 x 6 min running time
09h40 - 10h20	14A	Bishops	AR Swembad	4 x 5 min playing time
10h20 - 11h00	15A	Bishops	AR Swembad	4 x 6 min playing time
11h00 - 11h50	19B	Bishops	AR Swembad	4 x 7 min running time
11h50 -	19A	Bishops	AR Swembad	4 x 7 min playing time



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MARRIOTT

Stellenbosch