



2023 BOLAND ATHLETICS

14,15,17,19 ASA Boland, HIGH SCHOOLS CHAMPIONSHIPS

23/ 24/ 25 FEBRUARY 2023, DAL JOSAPHAT STADIUM

THURSDAY AFTERNOON, 23 FEBRUARY 2023

1.	13:30	Pole Vault		G 14-15	Final		A
2.	13:30	Hammer Throw		G-14 & 15	Final	3kg	
3.	14:10	300m Hurdles		G-14	Heats	76,2 cm	
4.	14:15	300m Hurdles		G-15	Heats	76,2 cm	
5.	14:20	400m Hurdles		G-17	Heats	76,2 cm	
6.	14:25	400m Hurdles		G-19	Heats	76,2 cm	
7.	14:35	300m Hurdles		B-14	Heats	84,0 cm	
8.	14:40	300m Hurdles		B-15	Heats	84,0 cm	
9.	14:40	Hammer Throw		B- 14 &15	Final	4 kg	
10.	14:40	Pole Vault		G-17	Final		
11.	14:45	400m Hurdles		B-17	Heats	84,0 cm	
12.	14:50	400m Hurdles		B-19	Heats	91,4cm	
13.	15:00	3000m		G-15	Final		
14.	15:15	3000m		B-15	Final		
15.	15:30	3000m		G-19	Final		
16.	15:45	3000m		B-19	Final		
17.	15:50	Hammer Throw		G-17	Final	3kg	
18.	16:30	Pole Vault		G-19	Final		
19.	16:30	300m Hurdles		G-14	Final	76,2 cm	
20.	16:38	300m Hurdles		G-15	Final	76,2 cm	
21.	16:45	400m Hurdles		G-17	Final	76,2 cm	
22.	17:52	400m Hurdles		G-19	Final	76,2 cm	
23.	17:00	Hammer Throw		B-17	Final	5kg	
24.	17:00	300m Hurdles		B-14	Final	84,0 cm	
25.	17:08	300m Hurdles		B-15	Final	84,0 cm	
26.	17:16	400m Hurdles		B-17	Final	84.0 cm	
27.	17:22	400m Hurdles		B-19	Final	91,4cm	
28.	17:30	10000m Walk		B-19	Final		
29.	17:30	10000m Walk		G-19	Final		

FRIDAY AFTERNOON 24 FEBRUARY 2023

No	Time	Event		Age	H/F	Tech	Place
30.	13:30	Hammer Throw		G-19	Final	4kg	
31.	13:30	Pole Vault		B-14-15	Final		
32.	13:30	Javelin		G-17	Final	500g	
33.	14:00	90m Hurdles		G-14	Final	76,2 cm	
34.	14:05	90m Hurdles		G-15	Final	76,2 cm	
35.	14:15	100m Hurdles		G-17	Final	76,2 cm	
36.	14:25	100m Hurdles		B-14	Final	84,0 cm	
37.	14:30	100m Hurdles		B-15	Final	84,0 cm	
38.	14:35	100m Hurdles		G-19	Final	84,0 cm	Pit A
39.	14:40	Pole Vault		B-17	Final		
40.	14:40	Hammer Throw		B-19	Final	6kg	
41.	14:45	110m Hurdles		B-17	Heats	91,4cm	
42.	14:55	110m Hurdles		B-19	Heats	99,5cm	
43.	15:00	800m		G-14	Final		
44.	15:07	800m		B-14	Final		
45.	15:14	800m		G-15	Final		
46.	15:21	800m		B-15	Final		
47.	15:28	800m		G-17	Final		
48.	15:30	Javelin		B-17	Final	700g	
49.	15:35	800m		B-17	Final		
50.	15:42	800m		G-19	Final		
51.	15:50	Discus		B-19	Final	1.755kg	
52.	15:50	800m		B-19	Final		
53.	16:05	90m Hurdles		G-14	Final	76,2 cm	
54.	16:10	90m Hurdles		G-15	Final	76,2 cm	
55.	16:15	100m Hurdles		G-17	Final	76,2 cm	
56.	16:25	100m Hurdles		B-14	Final	84,0 cm	
57.	16:30	Pole Vault		B-19	Final		
58.	16:30	Javelin		G-14	Final	500g	
59.	16:30	100m Hurdles		B-15	Final	84,0 cm	
60.	16:35	100m Hurdles		G-19	Final	84,0 cm	
61.	16:45	110m Hurdles		B-17	Final	91,4cm	
62.	16:55	110m Hurdles		B-19	Final	99,5cm	
63.	17:00	Discus		G-19	Final	1kg	
64.	17:05	3000m		G-17	Final		
65.	17:19	3000m		B-17	Final		
66.	17:19	3000m		B 17 LSEN	Final		
67.	17:33	5000m		G-19	Final		
68.	17:50	5000m		B-19	Final		
69.	17:50	5000m		B 19 LSEN	Final		

SATURDAY 25 FEBRUARY 2023

No	Time	Event		Age	H/F	Tech	Place
70.	06:00	10000m Walk		B- 17	Final		
71.	07:10	5000m Walk		G-17	Final		
72.	07:10	5000m Walk		G-15	Final		
73.	07:10	5000m Walk		B-15	Final		
74.	07:50	1500m SC		G 14 &15	Final	76,2cm	
75.	07:50	Discus		G 15	Final	1kg	
76.	07:50	Shot Put		G 14	Final	3 kg	Pit A
77.	07:50	Shot Put		B 14	Final	4 kg	Pit B
78.	07:50	Javelin		G 19	Final	600 g	Pit A
79.	07:50	Long Jump		G 14	Final		Pit A
80.	07:50	Long Jump		B 14	Final		Pit B
81.	07:50	Triple Jump		B 19	Final	13 m	Pit C
82.	07:50	High Jump		B 17	Final		Pit A
83.	07:50	High Jump		G 19	Final		Pit B
84.	08:00	1500m SC		B 14 &15	Final	76,2cm	
85.	08:10	100m		G 14	Heats		
86.	08:07	100m		B 14	Heats		
87.	08:15	100m		G 15	Heats		
88.	08:22	100m		B 15	Heats		
89.	08:30	100m		G 17	Heats		
90.	08:37	100m		B 17	Heats		
91.	08:45	100m		G 19	Heats		
92.	08:52	100m		B 19	Heats		
93.	09:10	400m		G 14	Heats		
94.	09:17	400m		B 14	Heats		
95.	09:25	Triple Jump		G 19	Final	9 m	Pit C
96.	09:25	Discus		B-14	Final	1kg	
97.	09:25	Javelin		B19	Final	800 g	Pit A
98.	09:25	400m		G 15	Heats		
99.	09:32	400m		B 15	Heats		
100.	09:40	400m		G 17	Heats		
101.	09:47	400m		B 17	Heats		
102.	09:55	400m		G-19	Heats		
103.	10:00	Shot Put		G 15	Final	3 kg	Pit A
104.	10:00	Shot Put		B 15	Final	4kg	Pit B
105.	10:00	High Jump		G 17	Final		Pit A
106.	10:00	High Jump		B 19	Final		Pit B
107.	10:00	Long Jump		G 15	Final		Pit A
108.	10:00	Long Jump		B 15	Final		Pit B
109.	10:03	400m		B-19	Heats		
110.	10:10	2000m SC		G 17	Final	76,2cm	
111.	10:22	2000m SC		B 17	Final	76,2cm	
112.	10:32	3000m SC		G 19	Final	76,2cm	
113.	10:45	Triple Jump		G 17	Final	9 m	Pit C
114.	10:50	3000m SC		B 19	Final	91,4cm	
115.	11:00	Javelin		B14	Final	600 g	Pit A
116.	11:00	Discus		G 17	Final	1kg	
117.	11:05	200m		G-14	Heats		
118.	11:12	200m		B-14	Heats		
119.	11:20	200m		G 15	Heats		
120.	11:27	200m		B 15	Heats		
121.	11:35	200m		G 17	Heats		
122.	11:40	High Jump		G 15	Final		Pit A
123.	11:40	High Jump		B 15	Final		Pit B
124.	11:40	Long Jump		G 17	Final		Pit A
125.	11:40	Long Jump		B 17	Final		Pit B
126.	11:40	Triple Jump		B 14 &15	Final	11 m	Pit C
127.	11:40	Shot Put		G 17	Final	3 kg	Pit A
128.	11:40	Shot Put		B 17	Final	5kg	Pit B
129.	11:50	200m		B 17	Heats		
130.	12:00	200m		G 19	Heats		
131.	12:10	200m		B 19	Heats		

INTERVAL

INTERVAL

No	Time	Event		Age	H/F	Tech	Place
132.	13:00	Discus		G 14	Final	1kg	
133.	13:00	Javelin		B -15	Final	600 g	Pit A
134.	13:00	High Jump		G-14	Final		Pit A
135.	13:00	High Jump		B- 14	Final		Pit B
136.	13:00	Long Jump		G-19	Final		Pit A
137.	13:00	Long Jump		B-19	Final		Pit B
138.	13:00	Triple Jump		G-14 &15	Final	9 m	Pit C
139.	13:00	Shot Put		G 19	Final	3 kg	Pit A
140.	13:00	Shot Put		B 19	Final	5 kg	Pit B
141.	13:00	100m		G14	Final		
142.	13:05	100m		B 14	Final		
143.	13:10	100m		G 15	Final		
144.	13:15	100m		B 15	Final		
145.	13:20	100m		G 17	Final		
146.	13:35	100m		B 17	Final		
147.	13:40	100m		G 19	Final		
148.	13:45	100m		B 19	Final		
149.	14:00	400m		G 14	Final		
150.	14:07	400m		B 14	Final		
151.	14:15	400m		G 15	Final		
152.	14:22	400m		B 15	Final		
153.	14:30	Discus		B 17	Final	1.5kg	
154.	14:30	Triple Jump		B-17	Final	11 m	Pit C
155.	14:30	400m		G 17	Final		
156.	14:35	400m		B 17	Final		
157.	14:37	400m		G 19	Final		
158.	14:45	400m		B 19	Final		
159.	15:00	Discus		B 15	Final	1.5kg	
160.	15:00	Javelin		G 15	Final	600g	
161.	15:00	1500m		G 14	Final		
162.	15:10	1500m		B 14	Final		
163.	15:20	1500m		G 15	Final		
164.	15:30	1500m		B 15	Final		
165.	15:40	1500m		G 17	Final		
166.	15:50	1500m		B 17	Final		
167.	16:00	1500m		G 19	Final		
168.	16:10	1500m		B 19	Final		
169.	16:25	200m		G 14	Final		
170.	16:30	200m		B 14	Final		
171.	16:35	200m		G 15	Final		
172.	16:40	200m		B 15	Final		
173.	16:45	200m		G 17	Final		
174.	16:50	200m		B 17	Final		
175.	16:55	200m		G 19	Final		
176.	17:00	200m		B 19	Final		