

2024

# WELKOM / WELCOME GR. 8 PAUL ROOSER

## 2024 PROGRAM / PROGRAMME



*BELANGRIKE INLIGTING  
IMPORTANT INFORMATION*



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# MESSAGE FROM THE RECTOR

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Beste 2024 Graad 8-jongman

Dit is vir my 'n absolute voorreg om jou met die kort boodskap by die Paul Roos-familie te verwelkom. Hier sal jy die unieke broederskap ervaar en deel wees van 'n wonderlike ervaring en avontuur wat jou lewe sal verryk.

Maak jousef ontvanklik om te groei en te ontwikkel en die Paul Roos-ervaring te beleef en te geniet. Die sleutel tot die groei en ontwikkeling van elke leerder is volgehoue deelname.

Our school motto is Semper Splendidior. We take our school motto seriously and always strive for excellence in all areas of school life.

By Paul Roos Gimnasium is ons verwagtinge hoog, daar is 'n wêreld van geleenthede, baie rolmodelle, waardes en dissipline is fundamenteel en die uitsonderlike word nie net oor gedroom nie, maar behaal.

Our goal is to create balanced young men of character. Paul Roos has a rich history of good men doing good things.

As a school we take up the challenge to create the ethical, social, emotional and educational contexts to watch the good men grow.

Take on this unique Paul Roos journey and adventure with your grade head, educators, your coaches and Paul Roos brothers.

André van Staden  
REKTOR

# MESSAGE FROM THE GRADE HEAD

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Dear New Grade 8s,  
Welcome to Paul Roos Gymnasium.

As the Grade Head, I am thrilled to extend a warm and enthusiastic welcome to each and every one of you. Get ready to embark on an extraordinary journey that will shape your future and set the stage for incredible achievements.

My rol as hoof van die graad 8-groep van 2024 is om jou by te staan soos wat jy jou voete vind in 'n onbekende en nuwe omgewing. Jy sal sonder twyfel 'n warrelwind van nuwe vriendskappe, opwindende uitdagings en onvergeetlike herinneringe ervaar. Ek wil jou aanmoedig om aanpasbaar te wees en verandering op elke gebied te omhels. Onthou dat die onderwysers en personeel hier is om jou elke tree te lei en te ondersteun.

When you step through our doors, you become part of a diverse and inclusive community, where the PRG HEIR values are celebrated continuously to create a healthy and safe learning environment for every Paul Rooser. It is necessary to realise that Paul Roos is a high performance and competitive school where, on a daily basis, you will face the pressure to outperform the best of your abilities. I urge you to approach the year with a stubborn determination to succeed and persevere through every challenge. I encourage you to embrace the spirit of resilience and optimism. Each obstacle is an opportunity for growth.

Onthou, hoërskool gaan nie slegs oor akademiese sukses nie. Dit bied jou die geleentheid tot 'n omvattende opvoeding. Neem deel aan betekenisvolle gesprekke, maak lewenslange vriendskappe en blywende herinneringe. Bowenal, wees doelbewus om 'n onwrikbare karakter op te bou. Ek nooi jou uit om hierdie ongelooflike geleentheid aan te gryp en die meeste uit jou tyd hier by Paul Roos Gimnasium te maak. Jou reis wag vir jou, en die moontlikhede is eindeloos! Welkom by die Paul Roos-familie.

With warm regards,

Luan van der Vyver  
Grade Head

## PROGRAMME / PROGRAM WEEK 1

### Monday 15 January

10:00 - 11:00 Koshuisleerders meld aan by onderskeie koshuise

### Tuesday 16 January

07:40 Assemble around the circle, Japie Krige Hall

14:20 School closes

17:30 Assemble inside the Japie Krige Hall

18:00 Parents' Evening, Paul Roos Centre/Sentrum

- Inligtingsaand
- Parent & Staff social - all encouraged to attend

## WAT BENODIG JY?/ WHAT DO YOU NEED?

### Tuesday morning at 07:40

- Dra jou uitstapdrag: wit skoolhemp, broek en baadjie, GEEN DAS.
- Poster: A4, string tied at the two top corners (landscape), name, surname & nickname written on it.
- Cemisvorm (oorplasingsvorm, slegs vir Wes-Kaap Laerskole).
- No school books during the first week.
- You will receive your school bag at school on the first day
- 'n Dagboek, notaboek & pen.
- Lunch & drinks (enough water). Roosinbosch cafeteria will be open.
- Clearly mark all clothing items, bags and belongings.

## WAT MOET JY KEN / WHAT DO YOU NEED TO KNOW ABOUT PAUL ROOS GYMNASIUM?

- Skoollied in Engels & Afrikaans
- Code of honour
- Geskiedenis
- Information available at <https://paulroos.co.za/>

## Tuesday afternoon at 17:30 at the PRG Centre

- Step-outs: white school shirt, grey shorts/pants and blazer, NO TIE.

## Wednesday 17 January

07:40 School starts (Meet in front of the Japie Krige)

13:00 Atletiekuitdunne (geen toeskouers)

14:20 School closes (collection at Markötter)

## WAT JY BENODIG DIE VRYDAG / WHAT YOU NEED ON THE FRIDAY?

- Dra jou uitstapdrag: wit skoolhemp, broek en baadjie, GEEN DAS.
- Pack your PRG PT shirt, shorts, short white socks and running shoes. You can change at the Markötter fields.
- Bring sunscreen, enough water and a cap (for athletics).
- Clearly mark all clothing items, bags and belongings.



## Thursday, 18 January

07:40 School starts (Meet in front of the Japie Krige)

14:20 Skool verdaag

## Friday, 19 January

07:40 School starts (Meet in front of the Japie Krige)

08:00-12:00 Traditional mountain hike

14:20 Skool verdaag

17:30 Assemble inside Japie Krige Hall & sleep over

## WAT JY BENODIG DIE VRYDAG / WHAT YOU NEED ON THE FRIDAY?

### Morning at 07:40

- Drag: PRG LO-hemp, PRG LO-broek, tekkies & wit sokkies.
- Sunscreen, enough fluids, food and/or tuck shop money.
- No valuables.

### Afternoon at 17:30

- Uitstapdrag: wit skoolhemp, skoolbroek en -baadjie, GEEN DAS.
- Sleeping bag & pillow.
- Gemaklike klere vir braai & oorslaap
- Bring-and-Braai requirements: meat, cooldrink, side dish (bun, salad or fruit), cutlery, crockery (paper plate, knife & fork)
- LET WEL: Koshuisleerders se Bring-en-Braai-benodighede word voorsien
- IMPORTANT: all clothing clearly marked. No valuables.

## Saterdag, 20 January

05:30 – 06:00 Parents may fetch Gr.8's from the  
Japie Krige Hall

- LET WEL: Parkering slegs by parkeerarea voor die koshuise (dadelik links nadat u by die hoofhek ingery het).
- IMPORTANT: All parents are invited to attend this very special ceremony – don't miss it.





# BUISTEMUURSE AKTIWITEITE & SKEDULE / EXTRA-MURAL ACTIVITIES & SCHEDULE

AKTIWITEIT	DAG	TYD	PLEK	KONTAKPERSOON
KULTUUR/CULTURE				
*PRG Big Band	Maandag	14:45–17:00	PRG Sentrum	Mnr. Stephan Bezuidenhout sbezuidenhout@paulroos.co.za
Drumline	TBC	TBC	Music room	Mr Mark Augustin maugustin@paulroos.co.za
**Koor/Choir	Maandag	18:00–20:00	PRG Sentrum	Mnr. Stephan Bezuidenhout sbezuidenhout@paulroos.co.za
Toneel	Dinsdag & Donderdag	17:00-20:00 17:00-20:00	Japie Krige saal	Mnr. Jan-Hendrik Opperman jhopperman@paulroos.co.za
Video- en filmklub	Ontmoet 3 Donderdae per kwartaal		TBC	Me. Emma Wiehman ewiehman@paulroos.co.za
English debating	TBC	TBC	K37	Mr Timothy Pienaar tpienaar@paulroos.co.za
League Debates	Wednesday	TBC	PRG	Mr Timothy Pienaar tpienaar@paulroos.co.za
Public Speaking (Eng)	TBC	TBC	K37	Mr Timothy Pienaar tpienaar@paulroos.co.za
Afrikaans Debat	Woensdae	18:00–20:00	K23A	Me. Adia v Staden avstaden@paulroos.co.za
Afrikaans Redenaars	Woensdae	14:30–16:00	K19A	Mnr. Brink Nelson bnelson@paulroos.co.za

\*This is a requirement for all woodwind and brass players

\*\*Auditions will be held during school hours during the first week.



ACTIVITY	DAY	TIME	PLACE	CONTACT PERSON
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### BROTHERHOOD

JAM (Christian Society)	Dinsdag	1ste pouses	Japie Krige saal	Mnr Luan van der Vyver lvdyver@paulroos.co.za
Societas Rivierskoonmaak	Woensdae	14:30-15:30	Eersterivier (oorkant PRG)	Me Hannelie Caine hcaine@paulroos.co.za
Mentorprogram	Woensdae	1ste pouse "Brotherhood Break"	Op skoolgrond (afgespreek)	Me Anita Cronjé acronje@paulroos.co.za

### SPORT

eSport Term 1 to 4	Trials on Saturday 10 February. Different schedules per team and title		From home or school	Mnr JH Stoltz jstoltz@paulroos.co.za
Gholf/Golf League	Mondays Fridays	15:00 15:00	De Zalze Devonvale	Ms Ame Greyling agreyling@paulroos.co.za
Krieket/Cricket (All u14 teams)	Dinsdae & Donderdae	14:45–16:15	PRG Oval of Markötter	Mnr Rihaldo Swanepoel rswanepoel@paulroos.co.za
Skaak/Chess	Tuesday & Thursday	14:30-16:00 14:30-16:00	W1/Media centre	Me Chrystal Samuel csamuel@paulroos.co.za
Muurbal/Squash (Vir somerseisoen)	Term 2 & 3 Monday - Wednesday	15:00 – 16:15	Van der Stel	Mnr Gerrit Conradie gconradie@paulroos.co.za
Tennis (Vir somerseisoen)	Dinsdae & Donderdae	14:30–15:30 14:30–15:30	Tennisbane	Mnr Paul Deetlefs pdeetlefs@paulroos.co.za
Atletiek/Athletics	Athletics training starts on 08 January Grade 8 Athletics day on 19 January Inter-house Athletics on 23 January			Mnr Dorfling Terblanche dterblanche@paulroos.co.za
Swimming	Monday Thursday	17:00–18:00 05:30–06:30	Bloemhof Rhenish	Mrs Bergenthuin dbergenthuin@paulroos.co.za



AKTIWITEIT	DAG	TYD	PLEK	KONTAKPERSOON
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### SPORT

Landloop/Cross country	Monday & Thursday	17:00-18:00 17:00-18:00	Markötter	Me Hanlie Horne hhorne@paulroos.co.za
Rugby	Proeweweek 4 - 9 Maart 2024 Oefening vir 2024 Graad 8-groep: 28/10/2023; 4/11/2023; 18/11/2023; 25/11/2023			Mnr Corné Uys cuy@paulroos.co.za
Hokkie/Hockey	Mondays and Fridays. 13 October 2023 – 3 November 2023. First session on Friday 13 October.  Hit-off Function for all hockey parents on Thursday 15 February.			Mrs Martli Greyvenstein mgreyvenstein@paulroos.co.za
Sokker/Soccer	U14 & U15 Trials are on 01 March Pre-season will start on 04 March			Mnr Edmund Pietersen epietersen@paulroos.co.za
Waterpolo	14A 14BCD 14CD 14B	Di.,Wo. & Do Tuesday Donderdag Thursday	15:45–17:15 14:30-15:45 14:30-15:45 15:45-17:15	Antonij Rupert pool Antonij Rupert pool Ou swembad Old pool
	Training will start on Mon 26 February 2024. Training is on Mondays-Thursdays at 15:00-16:30			
Fietsry/Cycling	Mondays - Social ride + beginners Tuesdays - Intervals + mini race Wednesdays - Long ride endurance Thursdays - Enduro, skills training.			Mr Ben Puddu bpuddu@paulroos.co.za

### CAMPS/KAMPE

Gr.8 Pa en Seun kamp/Gr8 Father & son camp	16 - 17 February	Rites of Passage	24 October
PRG Koorkamp (Mizpah, Grabouw)	23 - 24 February	PRG Big Band	16 - 18 February
Gr.8 JAM Camp	15 - 17 March	JAM	15- 17 March

### LEADERSHIP/LEIERSKAP

RCL applications open/VRL aansoeke open	Aansoeke oop: 14 – 19 Maart	Mr Drikus Hoffman dhoffman@paulroos.co.za
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## SPORT AGTERGROND INLIGTING



**PRG Sport:** PRG offers 14 sport codes including: athletics, cross country, cricket, golf, hockey, mountain biking, rugby, soccer, swimming, water polo, tennis, squash, chess and eSport.



## KULTUUR / CULTURE BACKGROUND INFORMATION



**Choir:** Paul Roos Gymnasium boasts with an award-winning choir of 100-120 boys from grade 8 – 12. The choir was appointed as the best boys' choir in South Africa at the ATKV National Applous Competition in 2015, 2019 and 2022.

**PRG Sanggroep:** Die PRG Sanggroep is 'n groep van 20-25 van die beste senior (gr. 10-12) sangers in die koor. Hulle sing meer gereeld en by 'n verskeidenheid van geleenthede en sing meer uitdagende werke.



**Drumline:** The PRG drum core consists of approximately 12 learners who play a variety of drums. Together they produce a rhythmic festival of sound that provides entertainment at sporting events. They also compete in local Eisteddfods.

**Debat:** Afrikaans debat by Paul Roos neem verskeie formate aan afhange van die kompetisie waaraan deelgeneem word. ATKV-debat en Dink-of-Sink is die twee groot kompetisies waaraan deelgeneem word, maar daar is verskeie prettige informele geleenthede om jou debatsvermoëns te kom beoefen.



**Afrikaans Redenaars:** As jy oortuigend kan praat of jy wil leer hoe om mense te oorreed, dan is redenaars 'n goeie beginpunt. PRG neem jaarliks aan redenaarskompetisies deel, met beide voorbereide en onvoorbereide toesprake. Hierdie kompetisies sluit Radikale Redenaars, Oppie Tong Af, ATKV-Redenaars en Podiumpret in.



**English debating:** English-speaking learners are welcome to come and join a debating team. With a formal Boland debating league, you quickly learn to think on your feet and respond eloquently.

**English Public Speaking:** If you prefer a more formal presentation, consider entering one of the many public speaking opportunities including Toastmasters, Rotary oratory competitions and the like.



**eSport:** At this point League of Legends and Rocket league will be available to the Gr. 8's and CSGO for the seniors. The interest in other titles like FIFA, DOTA2, Fortnite or Clash Royal will be investigated. The Paul Roos Rocket League eSport team won the national league. PRG has won a national competition for the 5th consecutive year.

**Stringendo strykkorke:** Hierdie is 'n Bloemhof-gebaseerde orkes. Alle Paul Roos leerders wat 'n strykinstrument (viool, tjello, ens.) speel word uitgenooi om in hierdie orkes te speel.



**PRG Big Band:** This Jazz band consists of brass and percussion instruments. If you would like to learn a brass instrument, please refer to the Young Virtuosi Project.



**Toneel:** Elke jaar neem die toneelspan 'n vars toneelproduksie na verskeie tienertoneelfeeste insluitend: Klein Libertas-, Durbanville-, Fraserburg- en ATKV-tienertoneelfees. Leerders word uitgenooi om in alle aspekte van 'n toneelproduksie te kom deelneem – beligting, klank, verhoogbestuur en toneelspel.

**Young Virtuosi:** Die Young Virtuosi Projek nader kinders van omliggende laerskole en bied vir hul formele trompet- en tromboonlesse aan. Op hierdie manier skep ons 'n voedingsbron vir Paul Roos se orkes en berei toekomstige Paul Roos leerders voor vir die hoë musiek standaard van die skool.

**Jazz Band:** This Jazz band consists of brass, woodwind and percussion instruments. This band forms the core of the PRG music festival and other major productions. If you would like to learn a brass instrument, please refer to the Young Virtuosi Project

**Paul Roos Rock Band/s:** If you are an avid guitar, bass guitar, drums, keyboard player, or enjoy singing in front of people, consider joining a PRG rock band. Each band plays its own repertoire and is mentored by a music teacher.

**Publikasies:** As jy 'n loopbaan in joernalistiek oorweeg, of sommer net graag skryf en 'n lewendige bealngstelling in alles het, is redaksielid van Semper en Concipio 'n goeie beginpunt. Jy kan as verslaggewer en/of fotograaf by die span aansluit.

**Videoproduksie- en filmklub:** Die klub behartig die maak van die kortfilm, dokumentêr en musiekvideo vir die Nasionale Filmit-kompetisie. Dit sluit ook die skep van addisionele skoolverwante beeldmateriaal in (fotograwe, videograwe, redigeerders en kommentators). Die klub sluit ook die "Stream Team" in, wat in beheer is van die uitsendings van groot skool geleenthede. Hier ontwikkel jy tegniese en praktiese vaardighede binne die filmindustrie deur drie maal 'n kwartaal in direkte kontak met kundiges in die veld te kom. Filmbesprekings word aangebied om verdere waardering te kweek.

Kontak gerus vir Juffrou Wiehman: ewiehman@paulroos.co.za

## BROTHERHOOD ACTIVITIES BACKGROUND INFORMATION



**JAM (Jesus And Me):** The Christian society of PRG, strives to create a platform for Paul Roosers to live out and grow in their faith. Learners from all grades gather every Tuesday at first break for testimonies, teaching and fellowship. JAM also hosts various camps, outreaches and hikes throughout the year.

**Mentorprogram:** Taking on grade 8 can be both challenging and exciting. Om te verseker dat elke graad 8-leerder die meeste uit Paul Roos Gimnasium kan put, neem om en by 120 matriekleerders die verantwoordelikheid as mentors aan. The mentor programme grants the opportunity for the necessary life skills to be transferred through this Paul Roos Brotherhood. Mentors inisieer geleentheid vir gesprek en wakker deelname by die skool aan. 'n Voorbeeld hiervan is Woensdae eerstepouse wat bekend staan as Brotherhood break.



**Societas:** As the community outreach programme at PRG, Societas aims to encourage learners to become contributing members of their societies. Programmes and once-off projects focus on improving the lives of our community members, but also instilling a love and respect for our environment. Learners can take part in weekly programmes that take place after school, or they can keep their eyes out for the once-off projects that are run throughout the year. Through Societas, learners are able to earn service hours, which may lead to earning the highly sought-after Superman badge.





## FREQUENTLY ASKED QUESTIONS / ALGEMENE VRAE

### QUESTION / VRAAG

**YOU NEED TO SEND AN EMAIL TO THE SCHOOL**

### ANSWER / ANTWOORD

Verskaf jou naam, graad en klasseksie by die onderwerp van die e-pos.

**JY LAAT IS VIR SKOOL**

Your parents should inform the school (Room14). Call or email (k14@paulroos.co.za). As soon as you arrive at school you need to sign in at R14.

**YOU ARE ABSENT FROM SCHOOL**

Jou ouers moet die skool (K14) skakel/e-pos. Indien jy afwesig is vir 3 of meer dae, sal 'n mediese sertifikaat vereis word.

**JY AFWESIG IS OP 'N TOETS-/EKSAMENDAG**

Your parents should call/email the school (R14). A medical certificate must be handed in at Room 14 within a day of being absent.

**YOU HAVE AN APPOINTMENT DURING SCHOOL HOURS (E.g. Embassy, ID, licences, orthodontist, sport)**

Jou ouers moet die skool (K14) skakel/e-pos op die voorafgaande dag met die spesifieke datum, tyd en bewys van afspraak (waar van toepassing).

Jy sal jouself uit die klas verskoon met die brief van jou ouers en aanmeld by K14. GEEN LEERDERS SAL OOR DIE INTERKOM GEROEP WORD NIE. Ouers moet leerders by K14 kom afhaal. GEEN DOKTERS-, TANDARTS- OF FISIO-AFSPRAKE WORD TOEGELAAT TYDENS SKOOLURE NIE.

**QUESTION / VRAAG****JY SIEK VOEL OF BESEER WORD BY DIE SKOOL****ANSWER / ANTWOORD**

Report to R14. A letter of permission to leave school will be given to you which must be signed by the grade head.

Report to R14 again with the signed letter and then they will call your parents.

**NO LEARNER IS ALLOWED TO CALL HIS PARENTS FROM HIS CELL PHONE DURING SCHOOL HOURS.**

**NO MEDICINE WILL BE ADMINISTERED AT R14/THE SICK BAY.**

**YOU FEEL SICK OR ARE INJURED AT SCHOOL AND YOU ARE A HOSTEL LEARNER**

Meld aan by Kamer 14. Jou ouers sal gekontak word, indien nodig of jy sal na die dokter geneem word.

**JY LATER GEDURENDE 'N SKOOLDAG BY DIE SKOOL GAAN AANKOM**

Your parents should inform the school (R14) by call /email. As soon as you arrive at school you need to sign in at R14.

**YOU WILL BE LEAVING EARLY OR RETURNING LATE NEXT TERM**

Vra vir toestemming via e-pos by die rektorskantoor en verskaf die rede vir vroeg/laat koms.

**JY JOU OUERS MOET KONTAK GEDURENDE DIE DAG/JOU OUERS JOU MOET KONTAK GEDURENDE DIE DAG**

Report to R14. They will contact your parents.**NO LEARNER IS ALLOWED TO CALL HIS PARENTS FROM HIS CELL PHONE DURING SCHOOL HOURS.**

**YOU FIND LOST PROPERTY**

Handig dit in by K14.

**JY VERLOOR VAN JOU EIENDOM BY DIE SKOOL**

Report lost/stolen property at R14.

**QUESTION / VRAAG**

**FOR SOME EXCEPTIONAL REASON,  
YOU ARE UNABLE TO WEAR THE  
FULL SCHOOL UNIFORM**

**ANSWER / ANTWOORD**

Bring 'n brief van jou ouers skool toe en dra dit by jou. Meld met die brief aan by jou graadhoof wat die brief sal teken as toestemming vir die uitsondering.

**JY BENODIG 'N SLUITKAS**

Report to R14. Bookings for 2024 can only be made from February after which availability will be determined.

**YOU LOSE, OR FORGET TO BRING  
YOUR LOCKER KEY**

Meld aan by K14.

**YOU NEED EMOTIONAL SUPPORT**

Meld aan by kantore van Mev. Emsie de Lange of Mev. Monique Barnes. Indien hulle nie beskikbaar is nie, meld aan by jou graadhoof of K14.

**YOU WOULD LIKE TO CHANGE  
SPORT OPTIONS**

Lig jou huidige spanbestuurder eerste in en meld dan aan by die sportkantoor vir verdere inligting.

**JY JOU ROOSTER VERLOOR HET EN NIE  
WEET WAAR OM JOU KLAS TE VIND NIE**

Report to your register teacher or R14.

**JY VAN VAK WIL VERANDER**

Subject changes in Gr 8 can only be made during the first two weeks. Print a subject change form from the school's website or collect it from Mrs Horn (W7) <https://paulroos.co.za/vakverandering-change-of-subject/> . Your parents must complete the form. You then take the completed form back to Mrs Horn or e-mail it to her [ehorn@paulroos.co.za](mailto:ehorn@paulroos.co.za) .

# CONTACT DETAILS

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## **ROOM 14 / KAMER 14**

K14@paulroos.co.za  
021 887 0017

Rector's office / Rektor se kantoor

**MRS CHRISTINE VAN NIEKERK**

info@paulroos.co.za

Graad 8 Graadhoof / Grade 8 Grade head

**MR LUAN VAN DER VYVER**

lvdvyver@paulroos.co.za

Junior Fasehoof / Junior phase head (Gr.8,9)

**MNR GRAEME STEWART**

gstewart@paulroos.co.za

Learner support /  
Leerderondersteuning

**ME EMSIE DE LANGE**

edelange@paulroos.co.za

Head of Sport /  
Hoof van Sport

**MR STEPHAN JORDAAN**

sjordaan@paulroos.co.za

Head of Academics / Hoof van  
Akademie

**MRS GWEN OLIVIER**

golivier@paulroos.co.za

Head of Culture /  
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**MRS LUIZE KROUKAMP**

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Head of discipline/  
Hoof van dissipline

**MR AC BLUME**

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Head of hostels /  
Hoof van koshuise

**MR FRANS VAN NIEKERK**

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