

2025

WELKOM / WELCOME GR. 8 PAUL ROOSER

2025 PROGRAM / PROGRAMME



*BELANGRIKE INLIGTING
IMPORTANT INFORMATION*

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MESSAGE FROM THE RECTOR



Beste 2025 Graad 8-jongman

Dit is vir my 'n absolute voorreg om jou met die kort boodskap by die Paul Roos-familie te verwelkom. Hier sal jy die unieke broederskap ervaar en deel wees van 'n wonderlike ervaring en avontuur wat jou lewe sal verryk.

Maak jouself ontvanklik om te groei en te ontwikkel en die Paul Roos-ervaring te beleef en te geniet. Die sleutel tot die groei en ontwikkeling van elke leerder is volgehoue deelname.

Our school motto is Semper Splendidior. We take our school motto seriously and always strive for excellence in all areas of school life.

By Paul Roos Gimnasium is ons verwagtinge hoog, daar is 'n wêreld van geleenthede, baie rolmodelle, waardes en dissipline is fundamenteel en die uitsonderlike word nie net oor gedroom nie, maar behaal.

Our goal is to create balanced young men of character. Paul Roos has a rich history of good men doing good things.

As a school we take up the challenge to create the ethical, social, emotional and educational contexts to watch the good men grow.

Take on this unique Paul Roos journey and adventure with your grade head, educators, your coaches and Paul Roos brothers.

André van Staden
REKTOR

MESSAGE FROM THE GRADE HEAD



Dear Grade 8s of 2025

It is with much excitement that I welcome you to the Paul Roos Gymnasium brotherhood. This is an extremely fortunate position in which you find yourself. You are about to embark on one of the greatest adventures of your life – your Paul Roos journey. My role as grade head is to support and guide you along the way. I am also blessed to have the best team of teachers who are not only excellent at what they do, but are also passionate about the development of young men.

Jy sal binnekort deur die hekke van Paul Roos Gimnasium stap en 'n Paul Rouser genoem word. Hierdie titel moet met die grootste nederigheid en dankbaarheid erken word. Hierdie elite-instelling word so beskou as gevolg van die jong mans wat elke geleentheid aangryp wat die skool aan hulle bied. Daar is 'n verskeidenheid sport en kultuur aktiwiteite, asook komitees wat elke seun die ruimte bied om betrokke te raak. Ek moedig jou dus aan om ten volle betrokke te raak en te streef om die beste Paul Rouser te word wat jy moontlik kan wees.

With the changes and development which you will undeniably undergo, challenges are inevitable. Embrace every challenge as an opportunity to grow. Many a Paul Rouser has embraced this growth mindset and learnt that it is a key to his success. Remember, you are not alone; you are part of a brotherhood of gentlemen who have a deep sense of responsibility to see one another thrive. This is why Paul Roos is a very special place to be.

Dit is hier waar jy lewenslange vriendskappe gaan vorm en onvergeetlike herinneringe sal maak. Dit is hier waar jy tydlose waardes gaan ontwikkel en jou karakter gevorm word. Jou Paul Roos reis begin nou, en die geleentheid is eindeloos. Welkom!

Warm regards
Drikus Hoffman
Graadhoof/ Grade head

PROGRAMME / PROGRAM WEEK 1

Monday, 13 January

10:00 - 11:00 Koshuisleerders meld aan by onderskeie koshuise

Tuesday, 14 January

07:40 Assemble around the circle, Japie Krige Hall

14:20 School closes

17:30 Assemble inside the Japie Krige Hall

18:00 Parents' Evening, Paul Roos Centre/Sentrum

- Inligtingsaand
- Parent & Staff social - all encouraged to attend

WAT BENODIG JY?/ WHAT DO YOU NEED?

Tuesday morning at 07:40

- Dra jou uitstapdrag: wit skoolhemp, broek en baadjie, GEEN DAS.
- Poster: A4, string tied at the two top corners (landscape), name, surname & nickname written on it.
- Cemisvorm (oorplasingsvorm, slegs vir Wes-Kaap Laerskole).
- No school books during the first week.
- You will receive your school bag at school on the first day
- 'n Dagboek, notaboek & pen.
- Lunch & drinks (enough water). Roosinbosch cafeteria will be open.
- Clearly mark all clothing items, bags and belongings.

WAT MOET JY KEN / WHAT DO YOU NEED TO KNOW ABOUT PAUL ROOS GYMNASIUM?

- Skoollied in Engels & Afrikaans
- Code of honour
- Geskiedenis
- Information available at <https://paulroos.co.za/>

Tuesday afternoon at 17:30 at the PRG Centre

- Step-outs: white school shirt, grey shorts/pants and blazer, NO TIE.

Wednesday, 15 January

07:40 School starts (Meet in front of the Japie Krige)

08:00 Atletiek proewe

14:20 School closes (collection at Markötter)

WAT JY BENODIG DIE WOENSDAG? / WHAT YOU NEED ON THE WEDNESDAY?

- Dra jou uitstapdrag: wit skoolhemp, broek en baadjie, GEEN DAS.
- Pack your PRG PT shirt, shorts, short white socks and running shoes. You can change at the Markötter fields.
- Bring sunscreen, enough water and a cap (for athletics).
- Clearly mark all clothing items, bags and belongings.



Thursday, 16 January

07:40 School starts (Meet in front of the Japie Krige)

14:20 Skool verdaag

WAT JY BENODIG DIE DONDERDAG / WHAT YOU NEED ON THE THURSDAY?

- Uitstapdrag: wit skoolhemp, skoolbroek en -baadjie, GEEN DAS.

Friday, 17 January

07:40 School starts (Meet in front of the Japie Krige)

08:00-10:00 Natuuruitstappie

17:30 Assemble inside Japie Krige Hall & sleep over

WAT JY BENODIG DIE VRYDAG / WHAT YOU NEED ON THE FRIDAY?

- Uitstapdrag: wit skoolhemp, skoolbroek en -baadjie, GEEN DAS.
- Pack your PRG PT shirt, shorts, short white socks and running shoes. You can change at the Markötter fields.
- Bring sonskerm, genoeg water en 'n pet.
- Clearly mark all clothing items, bags and belongings.
- Slaapsak en 'n kussing.
- Comfortable clothes for a braai and sleepover.
- Bring-en-Braai benodighede: vleis, koeldrank, bygereg (broodrolletjie, slaai of vrugte), eetgerei (papierbord, mes en vurk)
- TAKE NOTE: Hostel learners will receive what they need for the Bring-and-Braai.
- BELANGRIK: GEEN WAARDEVOLLE ITEMS

Saterdag, 18 January

05:30 – 06:00 Parents may fetch Gr.8s from the
Japie Krige Hall

- LET WEL: Parkering slegs by parkeerarea voor die koshuise (dadelik links nadat u by die hoofhek ingery het).
- IMPORTANT: All parents are invited to attend this very special ceremony – don't miss it.



BUISTEMUURSE AKTIWITEITE & SKEDULE / EXTRA-MURAL ACTIVITIES & SCHEDULE

AKTIWITEIT	DAG	TYD	PLEK	KONTAKPERSOON
KULTUUR/CULTURE				
*PRG Orkes	Maandag	14:45–17:00	PRG Sentrum	Me. Bjorn Walters bwalters@paulroos.co.za
Drumline	TBC	TBC	Music room	Mr Mark Augustin maugustin@paulroos.co.za
**Koor/Choir	Maandag	18:00–20:00	PRG Sentrum	Me. Elna Horn ehorn@paulroos.co.za
Toneel	Dinsdag & Donderdag	17:00-20:00 17:00-20:00	Japie Krige saal	Me. Luize Kroukamp lkroukamp@paulroos.co.za
Video- en filmklub	Ontmoet 3 Donderdae per kwartaal		TBC	Me. Emma Wiehman ewiehman@paulroos.co.za
English debating	TBC	TBC	K37	Mr Timothy Pienaar tpienaar@paulroos.co.za
League Debates	Wednesday	TBC	PRG	Mr Timothy Pienaar tpienaar@paulroos.co.za
Public Speaking (Eng)	TBC	TBC	K16A	Ms Emsie de Lange edelange@paulroos.co.za
Afrikaans Debat	Woensdae	18:00–20:00	K14A	Me. Daleen Bergenthuin dbergenthuin@paulroos.co.za
Afrikaans Redenaars	Woensdae	16:00–18:00	K19A	Mnr. Brink Nelson bnelson@paulroos.co.za

*This is a requirement for all woodwind and brass players

**Auditions will be held during school hours during the first week.



ACTIVITY	DAY	TIME	PLACE	CONTACT PERSON
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BROTHERHOOD

JAM (Christian Society)	Dinsdag	1ste pouses	Japie Krige saal	Mnr. Jurgens van Schalkwyk jvschalkwyk@paulroos.co.za
Societas Rivierskoonmaak	Woensdae	14:30-15:30	Eersterivier (oorkant PRG)	Me. Christine Canaris ccanaris@paulroos.co.za
Mentorprogram "Brotherhood Break"	Woensdae: elke 1ste pouse in kwartaal 1. Daarna elke tweede Woensdag.		Op skoolgrond (afgespreek)	Me. Anita Cronjé acronje@paulroos.co.za

SPORT

eSport Term 1 to 4	Trials on Saturday, 25 January. Different schedules per team and title.		From home or school	Mr JH Stoltz jstoltz@paulroos.co.za
Gholf/Golf League	Mondays	15:00	Stellenbosch GC	Ms Ame Greyling agreyling@paulroos.co.za
Krieket/Cricket (All u14 teams)	Dins, Woens Donderdae	14:45-16:15	PRG Oval Markötter	Mnr. Brad Haller brad@paulroos.co.za
Skaak/Chess	Tuesday & Thursday	14:30-16:00 14:30-16:00	W1/Media centre	Me. Chrystal Samuel csamuel@paulroos.co.za
Muurbal/Squash (Vir somerseisoen)	Term 2 & 3 Monday - Wednesday	15:00 – 16:15	Van der Stel	Mnr. Gerrit Conradie gconradie@paulroos.co.za
Tennis (Vir somerseisoen)	Dinsdae & Donderdae	14:30–15:30 14:30–15:30	Tennisbane	Mnr. Paul Deetlefs pdeetlefs@paulroos.co.za
Atletiek/Athletics	Athletics training starts on 20 January Inter-house Athletics on 20 January			Mnr Ryno Niemand rniemand@paulroos.co.za
Swimming	Monday Thursday	17:00–18:00 05:30–06:30	Bloemhof Rhenish	Mrs Bergenthuin dbergenthuin@paulroos.co.za



AKTIWITEIT	DAG	TYD	PLEK	KONTAKPERSOON
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SPORT

Landloop/Cross country	Monday & Thursday	17:00-18:00 17:00-18:00	Markötter	Me. Hanlie Horne hhorne@paulroos.co.za
Rugby	Proeweweek 10-14 Maart 2025 Oefening vir 2025 Graad 8-groep: 9, 16 en 23 November 2024			Mnr. Corné Uys cuys@paulroos.co.za
Hokkie/Hockey	All pre-season and trials' arrangements will be communicated on the hockey WhatsApp groups. Hit-off Function for all hockey parents on Wednesday, 12 February.			Mr Michael Baker mbaker@paulroos.co.za
Sokker/Soccer	U14 & U15 Trials are on 01 March Pre-season will start on 04 March Kick-off Function for all soccer parents on Thursday, 20 February.			Mnr Edmund Pietersen epietersen@paulroos.co.za
Waterpolo 14A 14BCD 14CD 14B	Di., Wo. & Do Tuesday Donderdag Thursday	15:45–17:15 14:30-15:45 14:30-15:45 15:45-17:15	Antonij Rupert pool Antonij Rupert pool Ou swembad Old pool	Mr Vaughn Marlow vmarlow@paulroos.co.za
Fietsry/Cycling	Training will start on Monday, 3 March 2025. Training is on Mondays-Thursdays at 15:00-16:30 Mondays - Social ride + beginners Tuesdays - Intervals + mini race Wednesdays - Long ride endurance Thursdays - Enduro, skills training.			Mr Ben Puddu bpuddu@paulroos.co.za

CAMPS/KAMPE

Gr. 8 Pa en Seun kamp/Gr. 8 Father & son camp	7 - 9 February
PRG Koorkamp (Mizpah, Grabouw)	14 - 16 February
Gr.8 JAM Camp	14 - 16 March

LEADERSHIP/LEIERSKAP

RCL / VRL	Gr. 8 aansoeke open: Dinsdag, 18 Februarie Gr. 8 verkiesing: Woensdag, 5 Maart	Mr Drikus Hoffman dhoffman@paulroos.co.za
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SPORT AGTERGROND INLIGTING



PRG Sport: PRG offers 14 sport codes including: athletics, cross country, cricket, golf, hockey, mountain biking, rugby, soccer, swimming, water polo, tennis, squash, chess and eSport.



KULTUUR / CULTURE BACKGROUND INFORMATION



Choir: Paul Roos Gymnasium boasts with an award-winning choir of 100-120 boys from grade 8 – 12. The choir was appointed as the best boys' choir in South Africa at the ATKV National Applous Competition in 2015, 2019 and 2022.

PRG Sanggroep: Die PRG Sanggroep is 'n groep van 20-25 van die beste senior (gr. 10-12) sangers in die koor. Hulle sing meer gereeld en by 'n verskeidenheid van geleenthede en sing meer uitdagende werke.



Drumline: The PRG drum core consists of approximately 12 learners who play a variety of drums. Together they produce a rhythmic festival of sound that provides entertainment at sporting events. They also compete in local Eisteddfods.

Debat: Afrikaans debat by Paul Roos neem verskeie formate aan afhange van die kompetisie waaraan deelgeneem word. ATKV-debat en Dink-of-Sink is die twee groot kompetisies waaraan deelgeneem word, maar daar is verskeie prettige informele geleenthede om jou debatsvermoëns te kom beoefen.



Afrikaans Redenaars: As jy oortuigend kan praat of jy wil leer hoe om mense te oorreed, dan is redenaars 'n goeie beginpunt. PRG neem jaarliks aan redenaarskompetisies deel, met beide voorbereide en onvoorbereide toesprake. Hierdie kompetisies sluit Radikale Redenaars, Oppie Tong Af, ATKV-Redenaars en Podiumpret in.



English debating: English-speaking learners are welcome to come and join a debating team. With a formal Boland debating league, you quickly learn to think on your feet and respond eloquently.

English Public Speaking: If you prefer a more formal presentation, consider entering one of the many public speaking opportunities including Toastmasters, Rotary oratory competitions and the like.



eSport: At this point, League of Legends, Fortnite, EAFC and Rocket league will be available to both the Gr. 8s and for the seniors, with two additional titles Valorant and CSGO for the seniors. The Paul Roos Rocket League eSport team won the African Gaming Championship and Fortnite placed 2nd. PRG has won a national competition for the 6th consecutive year.

Paul Roos strykkorke: Hierdie is 'n bekroonde ensemble bestaan uit viool, altviool, tjello, en kontrabas. Alle Paul Roos leerders wat 'n strykinstrument (viool, tjello, ens.) speel word uitgenooi om in hierdie orkes te speel.



PRG Orchestra: This orchestra consists of brass, string, woodwind and percussion instruments. If you would like to learn a brass instrument, please refer to the Young Virtuosi Project.



Toneel: Elke jaar neem die toneelspan 'n vars toneelproduksie na verskeie tienertoneelfeeste insluitend: Klein Libertas-, Durbanville-, Fraserburg- en ATKV-tienertoneelfees. Leerders word uitgenooi om in alle aspekte van 'n toneelproduksie te kom deelneem – beligting, klank, verhoogbestuur en toneelspel.

Young Virtuosi: Die Young Virtuosi Projek nader kinders van omliggende laerskole en bied vir hul formele trompet- en tromboonlesse aan. Op hierdie manier skep ons 'n voedingsbron vir Paul Roos se orkes en berei toekomstige Paul Roos leerders voor vir die hoë musiek standaard van die skool.

Paul Roos Rock Band/s: If you are an avid guitar, bass guitar, drums, keyboard player, or enjoy singing in front of people, consider joining a PRG rock band. Each band plays its own repertoire and is mentored by a music teacher.

Publikasies: As jy 'n loopbaan in joernalistiek oorweeg, of sommer net graag skryf en 'n lewendige beangstelling in alles het, is redaksielid van Semper en Concipio 'n goeie beginpunt. Jy kan as verslaggewer en/of fotograaf by die span aansluit.

Videoproduksie- en filmklub: Die klub behartig die maak van die kortfilm, dokumentêr en musiekvideo vir die Nasionale Filmit-kompetisie. Dit sluit ook die skep van addisionele skoolverwante beeldmateriaal in (fotograwe, videograwe, redigeerders en kommentators). Die klub sluit ook die "Stream Team" in, wat in beheer is van die uitsendings van groot skool geleentheid. Hier ontwikkel jy tegniese en praktiese vaardighede binne die filmindustrie deur drie maal 'n kwartaal in direkte kontak met kundiges in die veld te kom. Filmbesprekings word aangebied om verdere waardering te kweek.

Kontak gerus vir Juffrou Wiehman: ewiehman@paulroos.co.za

BROTHERHOOD ACTIVITIES BACKGROUND INFORMATION



JAM (Jesus And Me): The Christian society of PRG, strives to create a platform for Paul Roosers to live out and grow in their faith. Learners from all grades gather every Tuesday at first break for testimonies, teaching and fellowship. JAM also hosts various camps, outreaches and hikes throughout the year.

Mentorprogram: Taking on grade 8 can be both challenging and exciting. Om te verseker dat elke graad 8-leerder die meeste uit Paul Roos Gimnasium kan put, neem om en by 120 matriekleerders die verantwoordelikheid as mentors aan. The mentor programme grants the opportunity for the necessary life skills to be transferred through this Paul Roos Brotherhood. Mentors inisieer geleentheid vir gesprek en wakker deelname by die skool aan. 'n Voorbeeld hiervan is Woensdae eerstepouse wat bekend staan as Brotherhood break.



Societas: As the community outreach programme at PRG, Societas aims to encourage learners to become contributing members of their societies. Programmes and once-off projects focus on improving the lives of our community members, but also instilling a love and respect for our environment. Learners can take part in weekly programmes that take place after school, or they can keep their eyes out for the once-off projects that are run throughout the year. Through Societas, learners are able to earn service hours, which may lead to earning the highly sought-after Superman badge.



FREQUENTLY ASKED QUESTIONS / ALGEMENE VRAE

QUESTION / VRAAG

JY MOET 'N E-POS AAN DIE SKOOL RIG

ANSWER / ANTWOORD

Verskaf jou naam, graad en klasseksie by die onderwerp van die e-pos.

YOU ARE LATE FOR SCHOOL

Your parents should inform the school (Room14). Call or email (k14@paulroos.co.za). As soon as you arrive at school you need to sign in at R14.

JY IS AFWESIG VAN SKOOL

Jou ouers moet die skool (K14) skakel/e-pos. Indien jy afwesig is vir 3 of meer dae, sal 'n mediese sertifikaat vereis word.

YOU ARE ABSENT ON A DAY WHEN A TEST / EXAM IS BEING WRITTEN

Your parents should call/email the school (R14). A medical certificate must be handed in at Room 14 within a day of being absent.

JY 'N AFSPRAAK HET GEDURENDE SKOOLTYD

(Bv. Ambassade, ID, lisensies, ortodontis, sport)

Jou ouers moet die skool (K14) skakel/e-pos op die voorafgaande dag met die spesifieke datum, tyd en bewys van afspraak (waar van toepassing).

Jy sal jouself uit die klas verskoon met die brief van jou ouers en aanmeld by K14. GEEN LEERDERS SAL OOR DIE INTERKOM GEROEP WORD NIE. Ouers moet leerders by K14 kom afhaal. GEEN DOKTERS-, TANDARTS- OF FISIO-AFSPRAKE WORD TOEGELAAT TYDENS SKOOLURE NIE.

QUESTION / VRAAG**YOU FEEL ILL OR ARE INJURED AT SCHOOL****ANSWER / ANTWOORD**

Report to R14. A letter of permission to leave school will be given to you which must be signed by the grade head.

Report to R14 again with the signed letter and then they will call your parents.

NO LEARNER IS ALLOWED TO CALL HIS PARENTS FROM HIS CELL PHONE DURING SCHOOL HOURS.

NO MEDICINE WILL BE ADMINISTERED AT R14/THE SICK BAY.

JY 'N KOSHUISLEERDER IS WAT SIEK OF BESEER WORD TYDENS SKOOLURE

Meld aan by Kamer 14. Jou ouers sal gekontak word, indien nodig of jy sal na die dokter geneem word.

YOU WILL ARRIVE AT SCHOOL ONLY LATER IN THE SCHOOL DAY

Your parents should inform the school (R14) by call /email. As soon as you arrive at school you need to sign in at R14.

JY EERS LATER IN DIE KWARTAAL GAAN TERUGKOM OF VROEËR IN DIE KWARTAAL DIE SKOOL VERLAAT

Vra vir toestemming via e-pos by die rektorskantoor en verskaf die rede vir vroeg/laat koms.

YOU NEED TO CONTACT YOUR PARENTS / YOUR PARENTS NEED TO CONTACT YOU DURING SCHOOL HOURS

Report to R14. They will contact your parents.**NO LEARNER IS ALLOWED TO CALL HIS PARENTS FROM HIS CELL PHONE DURING SCHOOL HOURS.**

JY VIND VERLORE ITEMS

Handig dit in by K14.

YOU LOSE YOUR PERSONAL PROPERTY

Report lost/stolen property at R14.

QUESTION / VRAAG

JY KAN NIE (VIR 'N BUITENGEWONE REDE) JOU VOLLE SKOOL-UNIFORM DRA NIE

ANSWER / ANTWOORD

Bring 'n brief van jou ouers skool toe en dra dit by jou. Meld met die brief aan by jou graadhoof wat die brief sal teken as toestemming vir die uitsondering.

YOU NEED A LOCKER

Report to R14. Bookings for 2024 can only be made from February after which availability will be determined.

JY VERGEET / VERLOOR JOU SLUITKAS SE SLEUTEL

Meld aan by K14.

YOU NEED EMOTIONAL SUPPORT

Report to the offices of Mrs Emsie de Lange or Mrs Monique Barnes. If they are not available, report to your grade head or Room 14.

JY WIL JOU SPORTKEUSE VERANDER

Lig jou huidige spanbestuurder eerste in en meld dan aan by die sportkantoor vir verdere inligting.

YOU HAVE LOST YOUR TIMETABLE AND DO NOT KNOW WHERE TO FIND YOUR CLASS.

Report to your register teacher or Room 14.

JY WIL VAN VAK VERANDER

Vakverandering in Gr. 8 kan slegs in die eerste twee weke van kwartaal 1 gedoen word. Druk 'n vakverandering vorm (beskikbaar op die Paul Roos webtuiste <https://paulroos.co.za/vakverandering-change-of-subject/>). Jou ouers moet die vorm voltooi. Handig die vorm in by Mev. Gwen Olivier.

CONTACT DETAILS

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ROOM 14 / KAMER 14

K14@paulroos.co.za
021 887 0017

Rector's office / Rektor se kantoor

MRS CHRISTINE VAN NIEKERK

info@paulroos.co.za

Graad 8 Graadhoof / Grade 8 Grade head

MR DRIKUS HOFFMAN

dhoffman@paulroos.co.za

Junior Fasehoof / Junior phase head (Gr.8,9)

MRS ROBYN PIENAAR

rpienaar@paulroos.co.za

Learner support /
Leerderondersteuning

ME. EMSIE DE LANGE

edelange@paulroos.co.za

Head of Sport /
Hoof van Sport

MR STEPHAN JORDAAN

sjordaan@paulroos.co.za

Head of Academics / Hoof van
Akademie

MRS GWEN OLIVIER

golivier@paulroos.co.za

Head of Culture /
Hoof van Kultuur

MRS LUIZE KROUKAMP

lkroukamp@paulroos.co.za

Head of discipline/
Hoof van dissipline

MR AC BLUME

ablume@paulroos.co.za

Head of hostels /
Hoof van koshuise

MR WILLEM DE VILLIERS

willemdv@paulroos.co.za

