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Stellenberg Invitational Athletics Meeting 2026

Following the high energy of our Interhouse Athletics on January 21st, our athletes did not have to wait long for the first official opportunity of the year to compete as a unified team against external opposition. The Stellenberg Invitational served as a vital transition from internal house rivalry to collective school representation, allowing our boys to test their early-season form against a competitive field.

Standout Individual Performances

While many of our athletes showed great promise, the following individuals delivered exceptional performances, securing multiple podium finishes:

- **Joey Calitz (U17):** A dominant force in the field, securing **1st place** in both Shot Put (15.70m) and Javelin (55.13m), alongside a **2nd place** in Discus (47.07m).
- **Jordan Sydon (U14):** Demonstrated elite versatility by winning the **1st place** in the 100m (11.92s), taking **2nd** in Long Jump (6.01m), and **3rd** in the 100m Hurdles.
- **Cronan Willis (U17):** Excelled in the jumping pits with a **1st place** in Triple Jump (13.56m) and **3rd** in Long Jump (6.51m).
- **Jason Hendricks (U17):** Showed great rhythm on the track to take **1st place** in the 400m Hurdles (58.14s) and **3rd** in the 400m sprint.
- **Zachary Ribeiro (U17):** Secured a brilliant **1st place** in the Long Jump with a distance of 6.95m.
- **Llewelyn Viljoen (U15):** A strong distance showing, taking **1st place** in the 3000m (10:07.34) and **3rd** in the 1500m.

The Stellenberg Invitational proved to be a successful outing for our squad. The results indicate a high level of technical readiness across both track and field disciplines. We now look forward to building on this momentum as we head into the Norman-Hauzer and the Wynland Interhoër.

Semper Splendidior

Ryno Niemand *Head of Athletics*