



PAUL ROOS
GIMNASIUM | GYMNASIUM

☎ (021) 887-0017/77 📠 086 651 5969
info@paulroos.co.za | www.paulroos.co.za
Suidwal, Stellenbosch, 7600, South Africa

Wildeklaar Wynland Interhoër 2026

On Tuesday, 3 February, history was made as the inaugural **Wildeklaar Wynland Interhoër** took place! Six of the region's top schools descended on the track for a day of elite competition, and our Paul Roos athletes (competing as the unified Rhenish-Roos team) delivered a performance that proved why we are a force to be reckoned with.

While the competition was incredibly tight, with only 51 points separating 1st and 4th place, our boys showed immense heart to help secure a final team total of **982 points**.

Final Team Totals:

1. Hoërskool Stellebosch - 1033
2. Blomplaas (Boland Landbou & La Rochelle) - 1018
3. Hoërskool Durbanville - 984
4. Rhenish-Roos - 982

The Star of the Show: Vuyo Ngobeni

Once again, **Vuyo Ngobeni** was in a league of his own with his blistering win in the 100m with an incredible time of 10.88s, which earned a massive 897 points on the APE tables. His speed earned him the title of **Best Junior Boy (Track)** for the entire event.

PRG Gold Medalists & Top Performers

The Maroon Machine produced standout results across all age groups:

- **Lian Jansen (u19)**: Claimed gold in the 400m Hurdles with a time of 56.39s.
- **Jordan Sydon (u14)**: Showed great versatility, taking 1st in the 100m Hurdles (14.0s) and silver in the Long Jump (5.75m).
- **Liam Koememoer (u17)**: Dominated the 3000m to take a well-deserved 1st place (08:56.43).

- **Isak Swanepoel (u14):** Powered his way to gold in the Shotput with a distance of 13.61m.
- **Johan Swart (u15):** Cleared 1.75m to take top honours in the High Jump.
- **Deaconn Willemse (u15):** A hurdles specialist, taking gold in both the 100m and 300m Hurdles.
- **Leighton Hendricks (u15):** Flew through the air to win the Long Jump with a leap of 6.24m.
- **Marcus Viljoen (u19):** Secured 1st place in the 110m Hurdles.
- **Cronan Willis (u19):** Claimed gold in the Triple Jump with a distance of 13.88m.

Whether it was the precision in the hurdles or the power in the field events, every PRG athlete contributed to a historic day of athletics.

Semper Splendidior

Ryno Niemand, *Head of Athletics*