PAUL ROOS
GIMNASIUM – GYMNASIUM

SAALBYEENKOMS / ASSEMBLY

5 Mei 2026 / 5 May 2026

Need a Tutor?

Marks looking a bit... questionable?

Kort jy 'n Tutor?

Lyk jou punte bietjie... skepties?

Reports are out – no hiding now.
Don't wait until it's panic time.
Sort it early and make life easier.

Rapporte is uit — moenie nou ontken nie.
Moenie wag vir "paniek-tyd" nie.
Maak nou 'n verskil en spaar jouself later stres.

Help a mate out, build some
Leadership, and prove
You're not just smart – you're
Useful too.

Help 'n maat, bou jou leierskap,
En wys jy's nie net slim nie –
Jy's ook nuttig.

Become a Tutor

Actually understand your work? Must
be a privilege.

Word 'n Tutor.

Verstaan jy "actually" jou werk? Dis 'n
voorreg.

Sign Up

Need a Tutor? - Scan QR code outside Mrs E. De Lange's class.

Want to be a tutor? - Give your name and contact details to:
Mrs E. de Lange
Ben Van Zyl
Johan Heunis
Finn Gretschel

Teken Aan

Kort Jy 'N Tutor? - Skandeer die QR – kode buite Mev E. de Lange se klass.

Wil Jy 'N Tutor Word? - Gee jou naam & kontak details aan:
Mev E. de Lange
Ben Van Zyl
Johan Heunis
Finn Gretschel

Toastmasters 2026

The following boys successfully completed the Toastmasters Leadership Course. The gala evening took place on Wednesday, 22 April, where participants had the opportunity to showcase their progress.

Ruan Ackerman, Daniël de Kock, Niël du Bois, Bartlo Volschenk, Skylur Williams, Tristan Jooste, Daniel Kriel, Johan Smuts, Albert Nel, Jasper Marshall, Matthew van Graan, Julian Beukes, Max Nel, Pieter Luttig en Luan van Zyl Smit.



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Toastmasters 2026

We are proud to announce that Niël du Bois, Daniël de Kock and Pieter Luttig were selected to represent Paul Roos Gymnasium at the upcoming interschools evening. They will compete against Hoërskool Stellenbosch and Paarl Vallei High School.

We congratulate these boys on their achievement and wish them the very best for the competition ahead.



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Podiumpret Redenaarskompetisie

Tien entoesiastiese redenaars het aan die eerste rondte van die Podiumpret Redenaarskompetisie deelgeneem. Vyf leerders het beide voorbereide en onvoorbereide toesprake gelewer. Vier redenaars (vyf toesprake) het 80% en hoër behaal.

Voorbereid:
Ben Claasé - 84.17%
John-Henry Higgs - 83.33%

Onvoorbereid:
Ben Claasé - 85%
Ben Bruwer - 81.67%
Johan Carinus - 80%



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Interdebat (Afrikaans)

Die debat het weer op 15 April ’n uiters suksesvolle interdebat-aand saam met Bloemhof en Hoërskool Stellenbosch gehad. Die leerlinge van al die skole het met hulle debatvernuf mekaar die stryd in goeie gees goed aangesê en nie gehuiwer om mekaar prontuit vrae te vra wat die debatteerders in hitsige oomblikke gehou het nie. Die onderwerpe het almal op hulle tone gehou. Almal was dit eens dat dit hulle goed voorberei het vir die kompetisies wat nou volg.

Ons wens die junior en senior debatspanne wat die 8ste Mei aan Dink of Sink deelneem baie sterkte toe.

Uitslae: Juniors het ’n bietjie vasgeval en een van die vier spanne het hier gewen.
Seniors: Drie van die vier spanne het gewen.

Dieter de Kock, Benjamin Schoeman en Paul du Plessis is in hulle onderskeie lokale as die beste sprekers aangewys.



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English debating

The Boland League has continued with 9 schools participating each week.

22 April Paul Roos' first debating team went up against Bridge House and won.

29 April Paul Roos' first team also debated against Hugenote's first team and won.

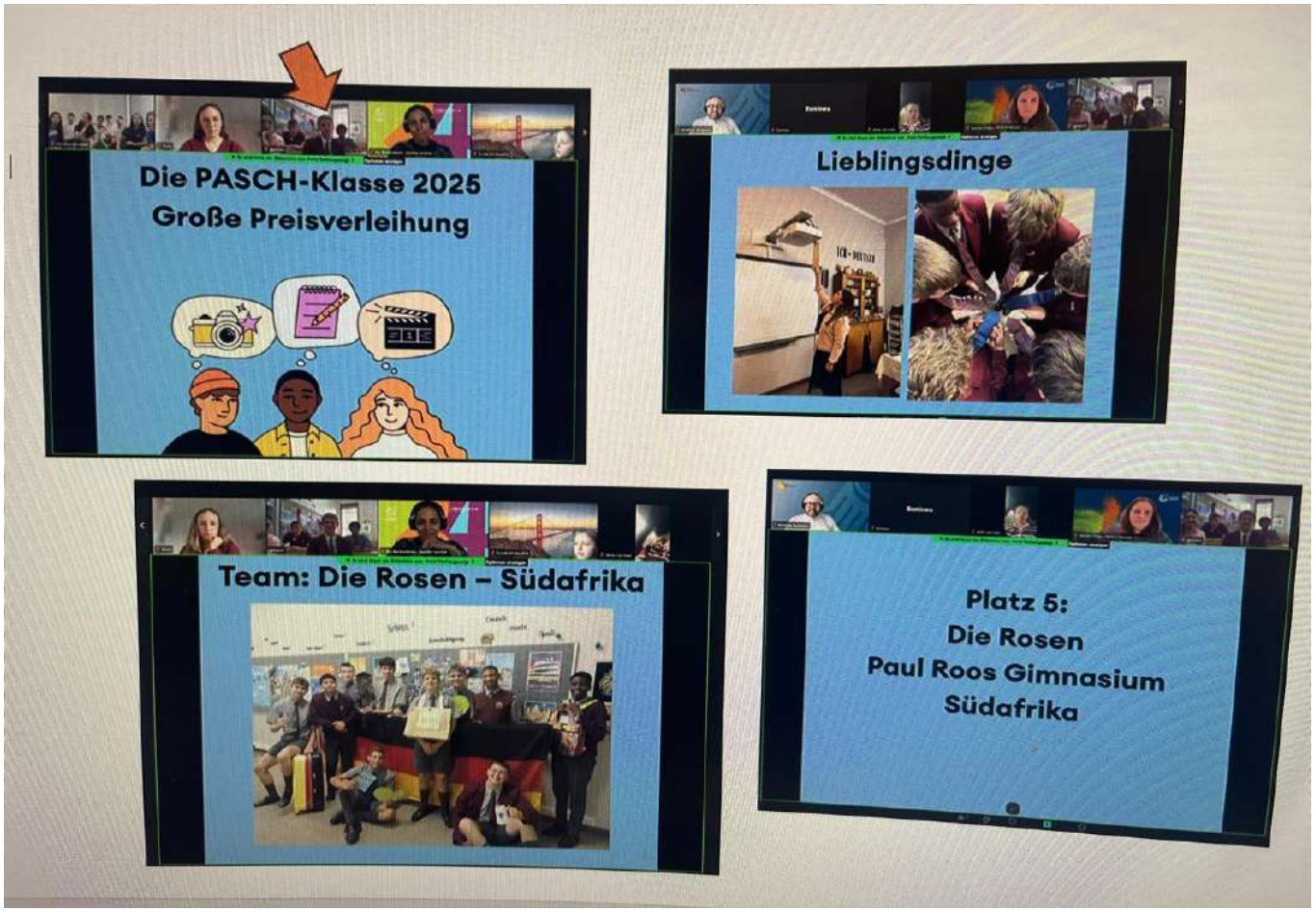
From left to right:
Tristen Jooste
Hendrik Heyl
Warwick Toop



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Deutsch

The Grade 10 German class of 2025 participated in a PASCH-competition, which required them to complete twelve activities over the course of the year. They competed against learners from more than 100 teams across 30 countries. Paul Roos Gymnasium achieved a 5th place for their submissions. **Herzlichen Glückwunsch!**



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Kickboxing, MMA and Life Saving

Slater van den Heever participated in the following events this past week:

South African Kickboxing Championships - 4 x Gold medals

South African MMA Championships - Silver medal

Life Saving South Africa Interprovincial Nipper Competition - 1st, 3rd, 4th, and 5th place

- His strong performances contributed significantly to the Western Cape team winning both the overall Nipper Competition and the overall Interprovincial Competition.

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eSport

RGB Gaming Boost Cup

PRG A won 1-0 vs Edgemead
PRG A won 1-0 vs IVA
PRG A won 2-0 vs Curro Brackenfell
PRG A lost 1-3 vs Edgemead

Placed 2nd at the tournament

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eSport

African Gaming Cyber Gaming League

Overwatch 2

Rocket League

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CHESS RESULTS

Grey-PE
PRG lost 6 - 0

Stellenbosch League U18

PRG U18 won Luckhoff 5 -1
PRG U18 won Kylemore 6 - 0
PRG u18 won Hoërskool Stellenbosh -6 - 0

Stellenbosch League U15

PRG A won Kylemore 6 - 0
PRG B won Hoërskool Stellenbosh - 5 -1
PRG B won Kylemore 5 -1

Western Cape Individual Championship
U15 Jeevan Malherbe came joint 3rd
U18 Wagheed Rosenberg came joint 4th.





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Landloop / Cross country

PRG vs Grey High

17 April: 6km trail run : PRG won
(PRG 41- 95 Grey)

18 April: 2 km Relay

1st PRG A
2nd Grey A
3rd PRG B
4th Grey B



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Landloop / Cross country

Skoleligawedloop by Bolandlandbou (22 April)

Junior wedloop: Martin Diab — 2de plek.

Senior wedloop: Ernst Engelbrecht wen die wedloop.
Steyn de Vos — 3de plek.



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DRIEKAMP / TRIATHLON

2026 SA Driekamp-kampioenskap

Charl Whitehead het op 8 Maart aan die SA Driekamp- én die Gekombineerde Afrikabeker Driekamp-kampioenskappe deelgeneem.

Charl behaal ’n vierde plek by die SA Driekamp-kampioenskap en eindig sesde by die Afrikabeker Driekamp-kampioenskap.



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TWEEKAMP / BIATHLE

2026 SA National Biathlon Championships

Boys 15 (95 Athletes)
Petrus Bosman finished in 6th place

Boys 17 (58 Athletes)
Ruhann Slabber finished in 9th place
Jan Bosman finished 16th
Hunter Krynauw finished 15th
Daniel Janse van Rensburg finished 34th.



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SWEM / SWIMMING

Baie geluk aan die volgende swemmers wat van 21 tot 25 Maart aan die **Junior Nasionale Swemkampioenskap** in Gqeberha deelgeneem het.

Van links na regs:
Agter: **Seth Yeowart, Alec Ellis, Luke Yeowart, James Wing, Dian Visagie** en **Max Nel**
Voor: T**ristan van Rensburg** en **Earle van der Watt**
Joshua Breebaart (nie op die foto)

Ons is veral trots op **James Wing** wat 'n tweede plek in die 50 m-vryslag losgeswem het en **Tristan van Rensburg** wat tweede in die 100 m- en 200 m-borsslag gekom het.



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SWEM / SWIMMING

Our swimmers competed at the Senior National Swimming Championships in Gqeberha (14–18 April), delivering strong performances across the board.

André Loots competed in the 50m freestyle and 50m butterfly, finishing 21st and 11th overall respectively, and placing 3rd in the B Final of the 50m butterfly. He also claimed gold as part of the 4x50m freestyle relay team.

Gerard February finishing 5th in the B Final of the 200m breaststroke.

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SWEM / SWIMMING

Eric Kotzé represented the school with distinction, reaching the A Final in the 50m backstroke, winning the B Final in the 100m backstroke, and securing places in the B Finals of the 50m breaststroke and 50m butterfly.

Eric's excellent performances have earned him selection to represent South Africa at the Africa Aquatics Junior Championships in Oran, Algeria from 5–10 May.



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SWEM / SWIMMING

Luke Mansfield represented Western Province at the SA Schools Swimming Championships, held at UWC from 23–27 April.

He reached the finals in all his events, namely the 50m, 100m and 200m breaststroke.

The Western Province team also made history by winning the event for the first time in 26 years.



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BERGFIETSRY / MOUNTAIN BIKING

Western Cape School XCO #2 Old Bethlehem

Sub Junior

7	5094	Eric
13	5075	Aardt
		Bekker
16	5102	Max
		Friedrich
17	5202	Pieter
		De Waal
27	5076	Jean-Luc
		Bernardo

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GRAYSWAN WEALTH

RWC RUWACON

BERGFIETSRY / MOUNTAIN BIKING

Western Cape School xco #2 Old Bethlehem

Youth Men 15 and 16

1	Willem du Randt
2	Dylan van de Langeberg
4	William Roothven
8	Daniel Lutz
10	Kaleb Van Rheede van Oudtshoorn
15	Michiel Vreken
25	Phillipe Ferreira

5	Konrad Kotze
25	Sebastian Conradie
44	Joe Brink
50	Ruhann Slabbert





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GRAYSWAN
WEALTH

RUWACON

BERGFIETSRY / MOUNTAIN BIKING

Western Cape School xco #2 Old Bethlehem

Junior men 17 and 18

2	Jan Vreken
4	Daniel Steyn
20	Chris Boshoff
23	Reece Meyer
25	Chris du Toit

1	Connor Kitching
2	Christian Koegelenberg
6	PG Groenewald





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GRAYSWAN
WEALTH

RUWACON

BERGFIETSRY / MOUNTAIN BIKING

Grey PE





PRG Beats Grey PE by 800 points!!!







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GRAYSWAN WEALTH

RUWACON

BERGFIETSRY / MOUNTAIN BIKING

SA DOWNHILL CUP- Cascades

Youth 16

1. Jake van Schoor
2. Gerhard Hoepfner
3. William Nelson



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GRAYSWAN WEALTH

RUWACON

BERGFIETSRY / MOUNTAIN BIKING

WC XCO- Bonnievale

WC XCM (57km)
Daniel Steyn overall 1ste

Junior Men

1. Daniel Steyn
2. Jan Vreken
3. Connor Kitching

Youth Men
3. Willem Durandt
4. William Ruthven
5. Dylan van de Langenberg
8. Kaleb van Rheede van Oudtshoorn

XCO

Youth Men
2. Willem Durandt
6. Konrad Kotze
7. William Ruthven
9. Kaleb van Rheede van Oudtshoorn
15. Dylan van de Langenberg

Junior Men 18
1. Daniel Steyn
4. Jan Vreken
6. Connor Kitching





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GRAYSWAN WEALTH

RUWACON

GHOLF / GOLF

PRG vs Grey High

- 1st team lost 3-6
- 2nd team won 5-4
- 3rd team won 5-4





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GOLF

Well done to the golfers who represented us at the Zimbabwe junior open (WAGR event) at the Borrowdale Brooke Golf Estate.



Out of the 70 individuals from 11 countries playing:

- Alexander Frankel T4
- Booyë Walters T6
- Evan Marais T8
- Daniel van den Berg T8

GOLF

PRG golf goes back to back in Sun City, winning Westville Boys High Invitational for the second year in a row. We beat Menlopark by 8 shots and Westville BH by 39 shots, making it a convincing win.

Out of the 164 individuals playing:

- Booyë Walters T2
- Devin Petersen T6
- Evan Marais T6
- Daniel van den Berg T11



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GOLF

Our golfers secured a 2nd spot for SA schools at Malmesbury GC as they were crowned league winners out of the three leagues in the Boland.



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SOKKER / SOCCER
PRG vs Edgemead High

U14A 6 vs 0 Edgemead High U15B

U15A 3 vs 1 Edgemead High U15A

U17A 3 vs 0 Edgemead High U17A

U17B 4 vs 0 Edgemead High U17B

U19A 0 vs 1 Edgemead High U19A

U19B 0 vs 1 Edgemead High U19B



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BELLFORM
FORMWORK HIRE & SALES

absa

RAATS
FAMILY VINEYARDS

SOKKER / SOCCER
PRG vs Victoria Park High

U14A 2 vs 1 Victoria Park
U14B 1 vs 0 Victoria Park

U15A 5 vs 0 Victoria Park
U15B 1 vs 1 Victoria Park

U17A 4 vs 2 Victoria Park
U17B 1 vs 3 Victoria Park

U19B 4 vs 2 Victoria Park

U19A 0 vs 0 Victoria Park
(Match abandoned due to bad weather)



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RAATS
FAMILY VINEYARDS

SOKKER / SOCCER
Wildeklawer

<u>Group stage</u>

U19A 0 vs 3 Navalsig High

U19A 1 vs 0 HTS Louis Botha

U19A 1 vs 0 Northwood High

U19A 2 vs 0 Jeppe Boys High

<u>Quater Finals</u>

U19A 1 vs 1 Clapham High
(Lost 2-4 on Penalties)



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RAATS
FAMILY VINEYARDS

SOKKER / SOCCER
U17A WBHS Freedom Cup

<u>Day1</u>
U17A 1 vs 0 Curro Century City

<u>Day2</u>
U17A 0 vs 1 George Royal Academy
U17A 1 vs 1 Rondebosch Boys

<u>Day3</u>
<u>Quater Finals</u>
U17A 1 vs 2 Cape Academy



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RAATS
FAMILY VINEYARDS

SOKKER / SOCCER
U15A WBHS Freedom Cup

Day1
U15A 3 vs 0 Curro Century City

Day2
U15A 3 vs 0 Rondebosch Boys
U15A 15 vs 0 Reddam Durbanville

Day3
Quater Finals
U15A 9 vs 1 Elkanah House

Day4
Semi finals
15A 2 vs 1 Wynberg Boys

Final
15A 0 vs 0 Grey College
(Won 3 - 2 on penalties)
Games played - 6
Goals conceded - 2
Goals Scored - 32



U15 Freedom Cup Champions 2026!!!

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RAATS FAMILY VINEYARDS

SOKKER / SOCCER
U19B WBHS Freedom Cup

<u>Day1</u>
U19B 2 vs 2 Trinity House

<u>Day2</u>
U19B 1 vs 2 Westerford High
U19B 0 vs 0 Bishops 19A

<u>Day3</u>
U19B 3 vs 3 Reddam Constantia
U19B 2 vs 1 Elkanah House

<u>Day4</u>
U19B 0 vs 2 Pinelands High



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RAATS
FAMILY VINEYARDS

HOCKEY
HIBBERT SHIELD

19A results

Beat Clifton 7-1
Beat St Stithians 5-1
Beat Selborne 8-1
Beat Grey high 3-2
Sacs 1-1 lost shout outs 2-3
Jeppe lost 2-1



14A Hibbert Plate

Vs Bishops won 9-2
Vs Selborne won 3-0
Vs Garsfontein won 3-1
Vs Grey High won 2-0
Final vs SACS won 4-0



16A Hibbert Cup

Vs Bishops drew 1 - 1
Vs Selborne won 8 - 1
Vs Garsfontein won 4 - 0
Vs DHS lost in penalty shoot outs 1 - 2
Vs Westville lost 0 - 1

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HOCKEY
WINELANDS CUP

U14C Winelands Cup

Hermanus A won 4-1
Parel Vallei B won 10-0
Victoria Park A won 6-0
Grey PE B lost 2-0
PRG B lost 3-1

Ended 4th



14B Winelands Cup

Beat Wynberg 14B 3-1
Beat Durbanville 14A 1-0
Beat Paarl Gim 14B 3-1
Lost to Stellenberg 14A 0-2
Beat PRG 14C 3-1

Finished 3rd



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HOCKEY
WINELANDS CUP



19B Winelands Cup

Beat Victoria Park 19A 4-0
Beat HJS 19C 8-0
Beat Durbanville B 6-0
Lost to Somerset College 19A 1-1 (3-4 s/o)
Beat Victoria Park 19A 3-0

Finished 3rd



16B Winelands Cup

Vs Durbanville 16A won 4-2
Vs Somerset College 16B won 12-0
Vs Fairmont 16A won 3-0
Vs Paarl Gim 16B won 8-0.
Vs Victoria Park 16A won 4-1.

Winners of the Gold medal

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HOCKEY
WINELANDS CUP





INDIVIDUAL WINNERS

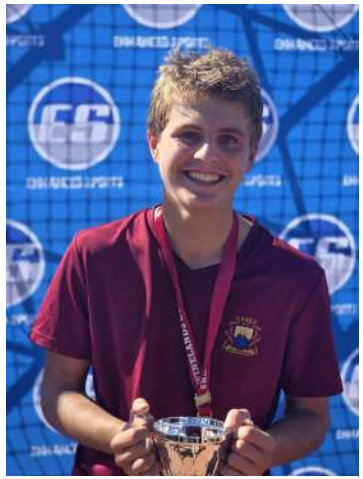
KIRAN RICHARDS KEEPER OF THE TOURNAMENT

XANDER LOUW PLAYER OF THE TOURNAMENT

DOUGLAS FUCHS TOP GOAL SCORER

LISHAN MOODLEY U14 TOP GOAL SCORER





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RUGBY

PRG vs Grey High Saturday 18 April 2026

PRG 14A 26-8 Grey High 14A

PRG 14B 33-12 Grey High 14B

PRG 14C 19-9 Grey High 14C

PRG 14D 24-10 Grey High 14D

PRG 14E 24-5 Grey High 14E

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IOX
PJK
CIVIL & CONSTRUCTION
EIKENBOSCH
MAKELAARS/BROKERS
forvis mazars
zestfruit
gls
SUPPLY CHAIN EQUIPMENT
A LiebenGroup Company

RUGBY

PRG 15A 28-13 Grey High 15A

PRG 15B 29-0 Grey High 15B

PRG 15C 40-10 Grey High 15C

PRG 15D 40-0 Grey High 15D

PRG 15E 57-5 Grey High 15E

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forvis mazars
zestfruit
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RUGBY

PRG 16A 42-17 Grey High 16A

PRG 16B 57-10 Grey High 16B

PRG 16C 34-10 Grey High 16C

PRG 16D 19-12 HTS Daniel Pienaar 16A

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BIOC

RUGBY

PRG 19A 28-15 Grey High 19A

PRG 19B 29-23 Grey High 19B

PRG 19C 12-22 Grey High 19C

PRG 19D 40-5 Grey High 19D

PRG 19E 60-15 Grey High 19E

PRG 19F 68-12 Grey High 19F

PRG 19G 81-0 Grey High 19G

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10X
PJK CIVIL & CONSTRUCTION
EIKENBOSCH MAKELAARS/BROKERS
forvis mazars
zestfruit
gls SUPPLY CHAIN EQUIPMENT A LiebenGroup Company

RUGBY

PRG 15F 12-8 Wolseley 15A

PRG 16E 34-31 Wolseley 16A

PRG 19K 5-5 Wolseley 19B

PRG 19I 7-17 Wolseley 19A

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RUGBY

Wildeklawer 2026

PRG vs. Garsfontein	PRG vs. Oakdale
14A wen 31-19	14A wen 42-7
15A wen 45-7	15A wen 22-3
16A wen 49-26	16A wen 50-3
19A wen 21-18	19A wen 15-13

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