PAUL ROOS
GIMNASIUM – GYMNASIUM

SAALBYEENKOMS / ASSEMBLY

19 Mei 2026 / 19 May 2026

J. F. Marais MEDIA

SENTRUM
CENTRE



PAUL ROOS
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FILMIT 2026

KOM ONS BRAAI!

Maak seker jou naam is teen Vrydag op die lys buite juffrou Wiehman se klas indien jy deel van die kortfilm wil wees
(akteur of tegnies)

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Musiekfees 2026

19 Aug:
All Gr 9&10

20 Aug:
All Gr 8&11



Tickets Now Available on Seatme

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Matric Council Care Initiative

Muffin Friday

If you are a learner in need of breakfast

Friday @ 07:00 am
Mrs Van Rooyen's class



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Deutsch

The Goethe-Institut has awarded scholarships to Meyer Cronje, Marx van Helsdingen, and Pierre Marais (Grade 11) to attend a three-week workshop in Edenkoben, Germany, from 5 to 25 July. During the programme, the learners will participate in intensive German lessons in preparation for the Goethe language examination, while also enjoying leisure activities with fellow German learners from around the world. We wish all three learners an enriching experience abroad.



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DEBAT

Op Vrydag, 8 Mei het 3 junior en 3 senior debatspanne aan die Dink-of-Sink-kompetisie wat deur D.F. Akademie aangebied is, deelgeneem. Elke span het aan 3 debatte deelgeneem.
Senior span 1, Altus De Villiers, Dieter De Kock en Ben van Niekerk, van die seniors het deurgedring na die semifnaal en die finaal! Hulle het tweede in die finaal geëindig. Melding moet ook gemaak word van die junior span 1, Franco Le Roux, Francois du Plessis en Janos Versfeld, wat 2 van hulle 3 debatte gewen het, asook Span 2 van die seniors Retief Ferreira, Lian Winckler en Paul Du Plessis wat al 3 hulle debatte gewen het.





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OPPIE TONG AF-REDENAARSKOMPETISIE

Negentien PRG-redenaars het vanjaar altesaam 30 Afrikaanse toesprake in verskeie kategorieë tydens die eerste ronde van die nasionale Oppie Tong Af-redenaarskompetisie gelewer. In sestien toesprake is ’n gemiddeld van 85–89% (A+) behaal, terwyl daar in veertien toesprake ’n gemiddeld van 90% (A++) en hoër behaal is.



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OPPIE TONG AF-REDENAARSKOMPETISIE

90% (A++) en hoër

LEERDER	KATEGORIE	PERSENTASIE
Benjamin Schoeman	Goue Tong (5 min. voorbereiding)	92%
Altus de Villiers	Onvoorbereid (1 uur voorbereiding)	91%
Altus de Villiers	Goue Tong (5 min. voorbereiding)	90,25%
Retief Ferreira	Voorbereid	90%
Retief Ferreira	Onvoorbereid (1 uur voorbereiding)	90%
Retief Ferreira	Goue Tong (5 min. voorbereiding)	90,25%
Johannes Bennie	Onvoorbereid (1 uur voorbereiding)	90,5%
Lian Winckler	Voorbereid	92%
Lian Winckler	Onvoorbereid (1 uur voorbereiding)	92%
Lian Winckler	Goue Tong (5 min. voorbereiding)	90%
Matthew Ker-Fox	Voorbereid	90%
Dieter de Kock	Goue Tong (5 min. voorbereiding)	90%
MG Jooste	Voorbereid	92%
MG Jooste	Onvoorbereid (1 uur voorbereiding)	90,25%

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ATKV-REDENAARSKOMPETISIE

Sewentien PRG-redenaars het aan die nasionale ATKV-redenaarskompetisie se streeksronde deelgeneem.

Tien redenaars het na die semifinale ronde wat 28 Mei te ATKV-Goudini Spa plaasvind, deurgedring.

Lian Winckler en MG Jooste het onderskeidelik vir beide die voorbereide en onvoorbereide kategorieë deurgedring.







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ATKV-REDENAARSKOMPETISIE

SEMIFINALISTE

LEERDER	GRAAD	KATEGORIE
MG Jooste	8A3	Voorbereid (HT)
MG Jooste	8A3	Onvoorbereid (HT)
Ben Claasé	9A5	Voorbereid (HT)
Emile de Wet	8E3	Voorbereid (EAT)
Jacques Bruwer	9E1	Voorbereid (EAT)
Lian Winckler	10A4	Voorbereid (HT)
Lian Winckler	10A4	Onvoorbereid (HT)
Matthew Ker-Fox	11A3	Voorbereid (HT)
Retief Ferreira	10A3	Voorbereid (HT)
Altus de Villiers	12A2	Onvoorbereid (HT)
Dieter de Kock	12A2	Onvoorbereid (HT)
Charl de Wet	10E1	Voorbereid (EAT)

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On the Tip of Your Tongue – Public Speaking

This year, 13 PRG gentlemen delivered 21 speeches in On the Tip of Your Tongue competition. They achieved the following results:

2 x A (80 - 85%)

8 x A+ (85 - 89,25%)

11 x A++ (90% and above)







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Learner	Category	Grade	Percentage
Dieter De Kock	Persuasive - Prepared	12	89,5
Lian Winckler	Persuasive - Prepared	10	90
Charl de Wet	Persuasive - Prepared	10	89,25
Ben Bruwer	Persuasive - Prepared	9	90
Benjamin Schoeman	Persuasive- Unprepared (1 hour preparation time)	12	90
Dieter De Kock	Persuasive- Unprepared (1 hour preparation time)	12	91
Lian Winckler	Persuasive- Unprepared (1 hour preparation time)	10	91,5
Retief Ferreira	Persuasive- Unprepared (1 hour preparation time)	10	92,5
Ben Bruwer	Persuasive- Unprepared (1 hour preparation time)	9	89,5
Benjamin Schoeman	Golden Tongue (5min preparation time)	12	90.2
Retief Ferreira	Golden Tongue (5min preparation time)	10	91
Lian Winckler	Golden Tongue (5min preparation time)	10	91.7

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MODERNE VYFKAMP

Wes-Kaap Moderne Vyfkamp Kampioenskap

Wilhelm Odendaal (o. 19) verwerf ’n 3de plek.
Alex Southwood (o. 19) verwerf ’n 2de plek.



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Laser Pistol Shoot-Run

Laser Pistol Shoot-Run Western Cape Championships

Wilhelm Odendaal u/19 Silver
Alex Southwood u/19 Bronze

Both athletes qualified for the National Championships and will represent the Western Cape from 2-4 July 2026



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Modern Pentathlon

SA National Modern Pentathlon Championships

Alex Southwood u/19 Bronze
Wilhelm Odendaal u/19 4th place



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eSport

Curro Western Cape LAN:

Minecraft

Won 2-0 vs Christel House
Won 2-0 vs Curro Thatchfield
Won 2-0 vs Curro Century City
Lost 0-2 vs Curro Durbanville
Won 2-0 vs Curro Thatchfield (SF)
Lost 0-2 vs Curro Durbanville (F)

Placed 2nd at the tournament



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eSport

Curro Western Cape LAN:

Overwatch

Won 2-0 vs Curro Durbanville PS
Lost 0-2 vs Curro Durbanville HS
Lost 0-2 vs St Joseph's Marist College
Lost 0-2 vs St Joseph's Marist College (SF)
Won 2-0 vs Curro Durbanville PS (3rd P/O)

Placed 3rd at the tournament



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High School eSport League:

Counter Strike:

Lost 0-1 Parklands College A

Rocket League:

Won 2-0 vs Grey College C
Won 2-0 vs HS Wonderboom A
Won 2-0 vs HS Oos-Moot B
Won 2-0 vs Ligbron HS B



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African Cyber Gaming League:

Overwatch:
Won 2-0 vs Curro Aurora
Won 20 vs Curro Edenvale
Won 1-0 vs Curro Krugersdorp (QF)
Won 2-0 vs HS Zwartkop (SF)

Fortnite:
Week 3 Placed 4th
Week 4 Placed 2nd



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eSport

Curro Western Cape LAN:

Rocket League

Won 2-1 Curro Brackenfell
Won 2-0 Curro Century City
Won 2-0 Curro Durbanville B
Won 2-0 Curro Durbanville (PS) A
Won 2-0 vs Curro Century City (SF)
Lost 1-3 vs Curro Durbanville (HS) (F)

Placed 2nd at the tournament



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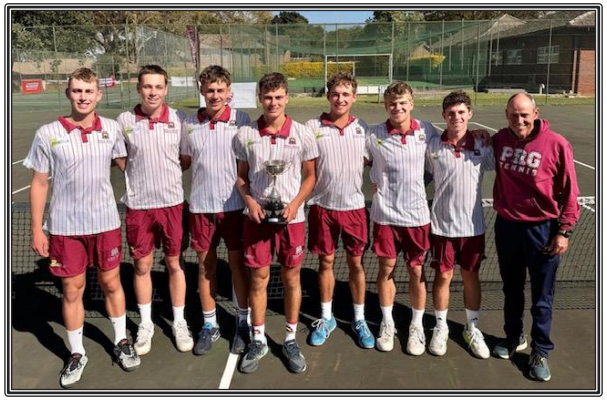
TENNIS

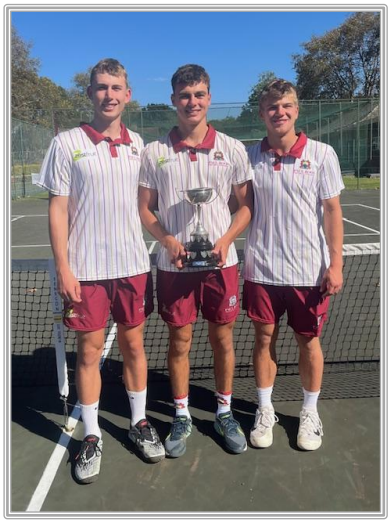
Eerste tennisspan wen Kearsney Festival:

PRG wen Trinity House: 9 - 0
PRG wen Westville: 7 - 2
PRG wen Affies: 14 - 13 (punte)
PRG wen Grey Kollege: 5 - 3 (semifinaal)
PRG wen Affies: 5 - 3 (finaal)

Span: Hanno Bouwer, Luke Verwey, Tristan van der Merwe, Sebastian Oosthuizen, Zach Jooste, Simeon Roothman en Liam Badenhorst.

Luke Verwey: Beste nr. 2
Tristan van der Merwe: Beste nr. 3
Simeon Roothman: Beste nr. 6





zestfruit

TENNIS

Alec Koch verteenwoordig Suid-Afrika by die **“Under-14 African Junior Teams’ Competition (AJTC)”** wat van 5 tot 9 Mei op die kleibane in Kaïro, Egipte plaasgevind het. Suid-Afrika kry die brons medalje.





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TENNIS

Winelands Autumn TSA-Toernooi:

Daneel Bester wen o. 16-enkelstitel deur Dawid-Wiese Viljoen in die finaal te klop.

Noord-Kaap Mini: Kimberley:

Johan Maritz wen o. 16-enkelstitel.



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MUURBAL / SQUASH

- **PRG B** verloor 0 - 11 teen **HS Strand A**
- **PRG C** verloor 5-8 teen **PGim C**
- **PRG D** verloor 5-8 teen **Somerset College C**
- **PRG E** verloor 3-8 teen **HS Strand E**





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MUURBAL / SQUASH

- **PRG B** wen 11 - 2 teen **HJS B**
- **PRG D** verloor 3-8 teen **PV C**
- **PRG E** verloor 2-11 teen **PV D**



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LANDLOOP / CROSS COUNTRY

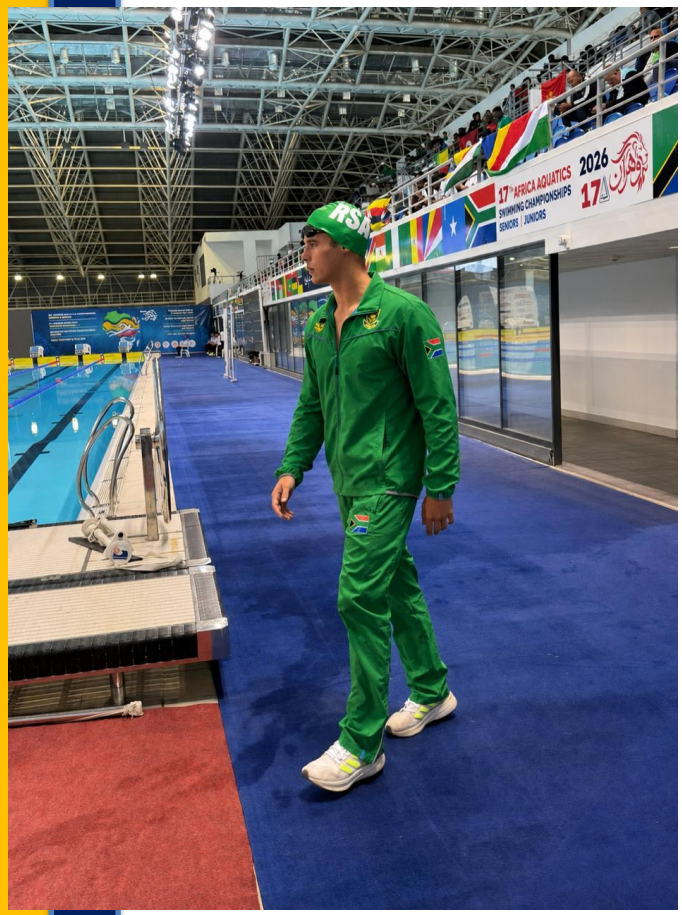
6 Mei: Skole-liga
PRG het saam met Bloemhof en Hoërskool Stellenbosch die ligawedloop by Bethlehemplaas aangebied.

Martin Diab behaal die tweede plek in die junior wedloop.
Steyn de Vos behaal die derde plek in die senior wedloop.



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SWEM / SWIMMING



Eric Kotzé was selected to compete at the 17th African Aquatics Championships in Oran, Algeria, from 2–10 May.

As a junior swimmer, he competed against the fastest u/18 swimmers on the African continent and won bronze and silver medals in the 100m butterfly and 100m freestyle relay events. He also placed fourth and swam personal best times in the 50m butterfly and backstroke events.

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SOKKER / SOCCER

U14A won 5 - 1 vs Bridgehouse U15B

U14B won 1- 0 vs Curro Sitari U14A

U15A won 4- 1 vs Bridgehouse U15A

U15B lost 0 - 3 vs Curro Sitari 15A

U17A drew 1 - 1 vs Bridgehouse U17A





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BRUWER B VINTNERS
MR mvemveraats
de compostella
RAATS FAMILY VINEYARDS

SOKKER / SOCCER

U14A won 3 - 1 vs Rondebosch U15B

U15A drew 1 - 1 vsRondebosch U5A

U17A won 1 - 0 vsRondebosch U17A

U17B drew 1 - 1 vs Rondebosch 17B

U19B won 4 - 1 vs Rondebosch U19B

U19A drew 1 - 1 vs Rondebosch U19A





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BELLFORM
FORMWORK HIRE & SALES

absa

BRUWER B VINTNERS

MR mvemveraats
de compostella

RAATS
FAMILY VINEYARDS

HOKKIE / HOCKEY

Results vs Play Smarter

14F vs 13A lost 1-2

14D vs 13A won 2-1

Results vs Hopefield

14C vs 14A won 16-0

16D vs 16A won 12-0

19C vs 19A won 4-0

14E vs 14A won 8-0

16G vs 16A won 6-0

16C vs 19A won 6-0

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HOKKIE / HOCKEY

Results vs Curro Hermanus

16E vs 16A won 4-0

Results vs HJS

19D won 5-3
19E won 6-1
19F won 5-1

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HOKKIE / HOCKEY

Results vs Somerset College

19A won 10-0
19D vs 19B won 6-1
16B vs 16A won 10-1
16F vs 16B won 3-2
16H vs 16C lost 1-2
14B vs 14A won 9-0

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HOKKIE / HOCKEY

Results vs Durbanville

19A won 8-1
16A won 9-0
14A won 5-0

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HOKKIE / HOCKEY

Results vs Rondebosch

14A won 7-0
14B won 9-0
14C won 13-0
14D won 23-0
14E won 17-0

Played: 18
Won: 18
Goals for: 134
Goals against: 11
Average score: 7.4-0.6



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HOKKIE / HOCKEY

Results vs Rondebosch

16A won 3-2
16B won 2-0
16C won 3-0
16D won 8-0
16E won 5-0
16F won 9-0
16G won 5-1
16H won 5-0



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HOKKIE / HOCKEY

Results vs Rondebosch

19A won 4-2
Bulle won 4-2
19C won 5-2
19D won 8-0
19E won 4-2

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RUGBY

PRG vs Hopefield

14C : 29 - 12 (HS Hopefield 14A)
15C : 33 - 7 (HS Hopefield 15A)
15G : 31 - 34 (HS Hopefield 15B)
16C : 35 - 17 (HS Hopefield 16A)
19E : 24 - 8 (HS Hopefield 19A)
19H : 24 - 26 (HS Hopefield 19B)
19I : 24 - 0 (HS Hopefield 19C)

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RUGBY

PRG vs HS Swartland

19K : 33 - 10 (HS Swartland 19D)

PRG vs HS Strand

19J : 22 - 7 (HS Strand 19D)
16F : 24 - 24 (HS Strand 16B)

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RUGBY

PRG vs HS Durbanville

PRG 14A : 29 - 19
PRG 14B : 29 - 3
PRG 14D : 38 - 0 (HS Durbanville 14C)
PRG 14E : 47 - 12 (HS Durbanville14D)
PRG 14F : 7 - 7 (HS Durbanville 14E)

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EIKENBOSCH MAKELAARS/BROKERS
forvis mazars
zestfruit
gls SUPPLY CHAIN EQUIPMENT A LiebenGroup Company

RUGBY

PRG vs HS Durbanville

PRG 15A : 36 - 0
PRG 15B : 73 - 0
PRG 15D : 26 - 12
PRG15E : 22 - 0 (HS Durbanville15D)
PRG 15F : 33 - 12 (HS Durbanville15E)

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RUGBY

PRG vs HS Durbanville

PRG 16A : 31 - 6
PRG 16B : 43 - 0
PRG 16D : 35 - 14 (HS Durbanville 16C)
PRG 16E : 29 - 12 (HS Durbanville 16D)

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forvis mazars
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RUGBY

PRG vs HS Durbanville

PRG 19A : 64 - 19
PRG19B : 31 - 17
PRG 19C : 41 - 7
PRG 19D : 67 - 0
PRG 19F : 68 - 3 (HS Durbanville19E)
PRG 19G : 55 - 0 (HS Durbanville19F)

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RUGBY

15E verloor 5-22 teen HTS Bellville 15A

PRG 16E lost 0-12 vs HJS 16E

PRG 16C wen 55-0 teen HTS Bellville

PRG U16F lost 5-45 vs HJS 16F

PRG 16E lost 0-12 vs HJS 16E

PRG 19I 28-0 wen teenHTS Bellville 19C

PRG 19K 10-31 verloor teen Overberg 19B

14G verloor 5-47 teen Hugenote 14B

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RUGBY

PRG vs Rondebosch 16 May

PRG 14A 28-14 won RBHS 14A

PRG 14B 38-5 won RBHS 14B

PRG 14C 86-0 won RBHS 14C

PRG 14D 104-0 won RBHS 14D

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RUGBY

PRG 15A 38-0 won vs RBHS 15A

PRG 15B 66-0 won vs RBHS 15B

PRG 16A 27-14 won vs RBHS 16A

PRG 16B 54-0 won vs RBHS 16B

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RUGBY

PRG 19A 41-17 won vs RBHS 19A

PRG 19B 29-24 won vs RBHS 19B

PRG 19C 38-15 won vs RBHS 19C

PRG 19D 68-7 won vs RBHS 19D

PRG 19E 59-0 RBHS won vs 19E

PRG 19F 116-8 won vs RBHS 19F

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RUGBY

Games played: 14

PRG Won: 14

PRG Points Scored: 792

PRG Points Conceded: 104

Average score:

PRG 56-7 RBHS

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RUGBY



THE HAVOC WON CHEERLEADER TOUCHIES AGAINST DURBANVILLE 2-1

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Golden Slide
Debat

’n Groot pluimpie gaan aan al PRG-leerders, en me. E. Vorster, wat betrokke was by die aanbied van die ATKV-debat se eerste rondte in die Wes-Kaap. Dit is vir die eerste keer in die skool se geskiedenis hier aangebied en die komplimente stroom in! Vandag wil die debatspan graag ons voorsitter, Altus de Villiers, vereer. As graad 12-leerder het hy vir die laaste keer aan die ATKV-debat deelgeneem en sy nalatenskap is blywend. Die afgelope vyf jaar het hy PRG-debat help opbou en hy pluk vandag die vrugte daarvan! As voorsitter was hy op sy stil sterk manier ’n rots vir die naweek se verrigtinge en was niks vir hom te veel moeite nie! Met sy teenwoordigheid in elke lokaal, hetsy as voorsitter, tydhouer of ondersteuner, het hy die PRG-waardes uitgedra! Dankie, Altus!
Semper Splendidior!



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